

wrote that I stopped for coffee somewhere and then I stop and go for coffee. Well this time it might be that same.

Feedback from 103

Marty,

I have more comments than fit on that thing you have on your site.

Concerning aluminum: Take your car to the country along almost any road. Park it in a farm field entrance. Take out a big plastic bag. Take your can picker-upper too. Walk one way about a third or a half a mile (depending on how many cans there are and how ambitious you are) picking up all aluminum cans. Turn around and walk back to your car on the other side of the road doing same. Drop the sack at your car. Pick up a new bag. Repeat as before. Then drive a mile forward and repeat all again. I think you will have a lot of good exercise and may even make a few dollars more than the \$3 you had here.

Ya! you can put it in MRT and you can even quote me.

I like your temperature chart. It shows that 2012 is the hottest summer and hottest winter.

I think it was "we" who put on the roof—well we were a bit slow as I remember the official helper saying. Maybe "we" didn't do that much? I'm not coming back to help this time.

I think they put up the water tower in the 50s. Removed? After I left maybe not before they took down the plant.

That's it. I enjoyed the read. Don't stop doing it. Maybe I should start doing something like it.

Peace and Joy,

Mike

PilgrimageCreations.com

Source: Email from Mike

2-Sep-12 7:24pm 74°

Finally

Yes I finally finished transcribing me Camino journal notes. It has only taking me two months or so. I have a lot more work on the transcript but it is in the computer. Doing that was the hardest part for me.

I ran a spell check on it and set the line spacing to 1-1/2 lines and printed it out to manually go through it. There are 56 pages and over 23,000 words.

So now I will set it aside for now and go back through it again after it has a rest. If I go through it to soon I may miss things when I do my first proofing.

After I proof it I can start adding a few pictures. That is a big project in its own.

For now I have to work on other open projects.

3-Sep-12 7:04am *\$

When I was finished drinking my coffee I took my cup back to the counter and there was a lady stretching like you would do before you start exercise. I told her I didn't know you need to stretch before you have your morning coffee. Well she smiled!

Happy Labor Day

I am glad some people like to work on holidays. It gives me a place to have coffee and another place to have breakfast later. EWT is taking a holiday today so I won't get my Monday morning exercise. Now that I have finished transcribing my journal maybe I could add in a little more exercising into my days. Either that or try eating less so I have more time for finishing other projects.

Flies are gone.

I am at Starbucks and I notices the flies seem to be gone. Maybe my complaining made a difference. In any case, no flies!

4-Sep-12 9:47am 76°

Is today or tomorrow trash day? Monday holidays mess my routine. ☺

Whining about the Heat

I get a news letter from the company who makes my weather station. I got this today I just have to republish it for you.

Tired of the Heat this Summer? You Could Move to Oymyakon

If your town had to be known for having the most extreme weather, which would you like it to be: hottest, coldest, driest, wettest, snowiest, stormiest?

Well, if you said "coldest," the folks in Oymyakon will not let you take that title easily! The Siberian town boasts average winter temperatures of around -45°C (-49°F); the world record low for an inhabited place of -71.2°C (-96.1°F) was recorded in 1926. Only Antarctica has recorded lower temperatures.

Residents of "The Coldest Town on Earth" are tough. They endure seven-month-long winters, a diet of fish, horse and reindeer meat, and wear fur to survive. Kids go to school everyday unless the temps get below -52°C (-61.6°F). The town has a population of several hundred, many of whom make a living ice-fishing, which is convenient because the fish freeze solid within a few minutes of being landed. Fruits and vegetables are unheard of luxuries, and no liquid milk is sold in the lone store.

But the "coldest permanently inhabited area on earth" does have some sunny days during its short summer. It even got up to 34.6°C (94°F) in 2010. The sunshine is usually just enough to turn the roads into muddy quagmires.

It's hard to imagine life in a place that cold, where vehicle fuel freezes, homes are heated with coal, there's no cell coverage, and cattle must be kept inside for months. [Here's](http://en.planetyakutia.com/about-yakutia/reports/0000644) a good description of how difficult life is there. <http://en.planetyakutia.com/about-yakutia/reports/0000644>

But we can't argue that it is not a beautiful place! If it's hot where you live right now, check out [this blog](http://www.wideview.it/travel/Yakutia_2007/en_oymyakon.htm) of a visit to Oymyakon -- these icy images will cool you right off!

Source: Davis Weather Club [news@davisnet.com]

5-Sep-12 1:14pm *\$

There are way too many flies up here. There are ten sitting on me right now while I type. The nice thing they like my clothing and not me. They still bug me. Pun intended. ☺

Book I'm Reading

I have told you about the book I started reading. This book is title "Brad Steiger Predicts the Future." Brad is using the weather to predict the future. He put to gather information from others showing how major events like wars happened around clement changes in 500 and 100 year cycles. In the 100 year cycle there are ups and downs of temperature and rain fall that seem the be causing the change in the way people act.

This book was published in 1987 so as I read it I am looking for prediction around 2012. There are predictions up to around 2040.

So far the trend is holding. It is interesting the ways they came to the conclusions. After they started predicts the year 2000 late in the book I got more interested.

If you would like to know what they predicted you need to read the book. Most of it is a history of the future until later in the book. So you get your history lessons and then your future told.

These flies are bugging me too much now. I'm going home and finish this book.

Sharing Prophet

This morning I was going to back out of a parking spot. I was waiting for the person next to me who had also just got into her car. I looked in my rear view mirror and saw backup lights on the other side of the lot. I know it was too late to stop it so I just watched. Two seconds later both people stepped on the gas. Yup, you got it, CRASH! No one was hurt.

Since it was raining I grabbed my two small umbrellas and rush out the help the damsels in distress. I was too slow. They were both saying the damage was from before and not to worry. They both got in

their cars and drove off without another word.

I got back in my car and waited until they were gone and then I left too.

Now remember this was a case of predicting the future even if it was only two seconds before it happened.

I still want to hear your prophecies.

8-Sep 6:06am *\$

I came up to Starbucks to have coffee before breakfast and start reading my new book. I am taking a break from reading it and see it is time for that breakfast. Breakfast will wait for a little while.

Next book

For the first thing this is a two cup morning at Starbucks. I started reading this book, "11 Days in May" by JD Messenger. I think it will be one I can put down. It is only 142 pages on the Nook book reader with some video imbedded in the first part. I see the printed version is 264 pages. No matter it size I am just through the preface and if it is any indication of the rest of the book I will enjoy it.

I heard them interview JD on Coast to Coast AM the other morning during one of my sleepless nights. I was impressed so ordered the book to read it.

From what I have read so far it is JD's thought about us and how we fit in with the Source. He said that the name of the book, *11 days in May*, because he wrote the book in 11 days of May and could think of any other title for the book.

So I have to put down this keyboard and pick up my Nook & cup of coffee and read a little before Anila call and reminds me I am late for breakfast.

I am missing breakfast. From reading this book my brain is more scrambled than my eggs will be. :-)

Breakfast

Anila asked me if I was grouchy today. Am I? I was messing with Facebook and not paying her any attention. You know when you are in-grossed with one thing nothing else is going on and people think you are crabby.

9-Sep-12 5:45am *\$

I have been sitting here reading my book and not listening to what I was reading. It was time to put it down and tell you I didn't remember it.

Upstairs Tenants

The tenants who live upstairs are nocturnal. Yes they are creatures of the night. No, not vampires! And now I don't have a second floor apartment. What I have is some kind of creature in my attic. I think it is a raccoon. I have to work on that today.

New Clothes

This morning I noticed I didn't do the laundry so I had no clean pants to wear. I remembered I had picked a new pair of jeans to replace the pair I had before I started working out. They were size 44 and now way too big. When I bought this new pair of jeans a month or so ago I bought then as a joke to myself, I got waist size 38. I said maybe by Christmas I might fit in them.

So before I decided to try then on I put my laundry into the washer. Whoops, no pants to wear. So I tried on these new jeans that I knew would make it hard to breath.

Wow, they fit just right. If anything, I had room to breathe and bend over. Wow again! I went for size 44 to size 38 in less than a year.

Thank you Michelle, Julie, Marco, Mary and Dixon! Thanks all my new friends at E.W. Training for not laughing at me too much when I was so big. You have all been great to me.

Before & After

While telling you about my clothes not fitting but now they do I remembered I had pictures. At Dad's 100th Birthday family reunion last year there is a picture of me. I asked Anila to take a current picture to compare. Here you go.



September 2011

September 2012

Wow! And I still have 20 more pounds to get where I think I should be.

11-Sep-12 5:01pm 80°

Raccoon in the attic

Well it is a Raccoon in the attic.
Yesterday I caught it and quickly let him go. Well he got away. The safety for the cage didn't hold well and he started to get out. This guy wasn't that big but he was stronger than me. I had no idea they were that strong.

Since then I have heard no noise in the attic. I am thinking he is laying low or he moved out. I have moved the cage (live trap) out of the attic and onto the roof.

Everyone had convinced me that raccoons are very smart and most likely will not return to where he had that ordeal with me. And since I do not hear anything he may be gone.

So for now it is a waiting game to see what happens.

15-Sep-12 5:52pm 75°

Raccoon is gone

Well the Raccoon is no longer a problem. I caught him (it) on the roof and he should not be a problem. I can't tell you where he is now but I can tell you he is alive and well.



My second floor tenet has been evicted.

My tenet as do many squatters do left a mess for me to repair. Being back when Jeremy and I installed the siding on the house I left one place that was not structure solid. I didn't have time to do this part right the first time but I had time to patch it 3 times. This weekend I made I made time to do it right.

I had some help for Bob, Cork, Michelle, and a lot of trips up and down the ladder I finished another project.

It looks quite good even if I say so myself.

Check out the back page for the latest offers.

Let them know you saw that name in **Marty's Random Thoughts**.



Soffit after rebuilding after Raccoon damage

17-Sep-12 2:24pm 73°

This morning I woke up and noticed it was September 17th. My Dad was born 101 years ago today. Wow, Happy Birthday Dad.

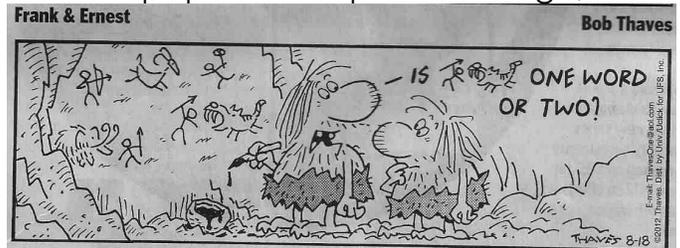
It was a year ago today when we had a family reunion in honor of my Dad. Where did the time go? I still do not have all the pictures scanned. I can come up with all kinds of reasons why but I just say; "Life happened!" I have this on my list of "To Do Things"

I was thinking about Dad and Mom the other day and wondering if I go some of their DNA when it comes to do with spelling. Well, I knew the spelling gene didn't come from Mom. Mom was so smart she did crossword puzzles with a pen. I knew a guy that used one of those felt tip pen to do the crosswords in the newspaper. So he must have been a good speller too.

Dad on the other hand I never saw writing much. I don't know if he did or not. I just don't remember. So I can't say if I got his sellers genes.

No mater I think it goes way back in time where the miss spelling gene comes

from. As you can be seen from this thing in the newspapers a couple weeks ago,



Frank and Ernest research to find these things out for me

Starbucks

I go to Starbucks to hang out a lot. It is also a kind of Internet Café for me. I guess you could call it a Computer Café as well. Well I heard a guy ordering the other day.



I do not need to go to the cafe for these specials

Camino Journal

One of these days I need to start proofing my Camino notes. It is almost a month since I transcribed them. I keep seeing them on my foot stool waiting for me. Also laying there is my life story that is very much incomplete. I think it has been laying waiting for me for well over a year.

I have always said "Don't do today what you can put off until tomorrow." Well I

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have to change my sayings to be a little more productive like "A stitch in time saves nine" or "A penny saved is a penny earned" There are many, many more. I could go on and on here but I will "Go do some things before it does it to me" ☺

16-Sep-12 6:22AM TC

So I will start by venting. I was pissed for a little while this morning but I got over it.

I went to Starbucks this morning around 5:00am and about 5:30 some guy dressed something like a farmer asked if that was my car out there. I said;"Yes the white one." He asked how long I would be there because there was an event going on in the Square later. I told him I would be gone a little after six. He said;"Okay, you'll be gone. That is not a problem."

Well I finished my coffee and called Anila and asked her if she had here Pumpkin coffee yet and if she wanted one this morning. I order 2 and headed out the door. I noticed the Square was avoided of cars except for mine. I smiled and thought that guy had already chased everyone else out.

I got in my car and headed out I turned on Dean and it was blocked at Calhoun so cars couldn't get in. I stopped my car and got out and moved the cone so I could get out.

Just then the police pulled up behind me and beeped his horn. The officer got out of his car and made short work to let me know I am not allowed to touch those road blocks. I bit my tongue and didn't say anything other than "Oh I didn't know that." Anyway he started to interrogate me on how I even got on to the Square in the first place and reminded a couple of time about me moving the road block. For a short time I was pissed because I was just trying to get off the Square. So I restrained

myself as he said he would move the cone out of my way so I could leave. I thanked him and got over my bad mood remembering he was just doing his job.

So here I sit having my Pumpkin Spice coffee with Anila and venting to you. I am happy again.

7:45am

I'm in a much better mood now. Spending time with people helps get your mind off of thing you shouldn't dwell on in the first place. So I'll have breakfast and go home now.

18-Sep-12 7:20am 44°

Wow, only 44°! I thought I heard on the radio we might be getting some frost this week. Well I was getting tired of the hot summer anyway. I wonder where the snow thrower is. ☺

November is coming

Remember to vote this November. Also remember this:



I did mean a "volt"; take away the power from them. The vote is one power we still have. Use it wisely!

De-Cluttering

Now that summer is over and I am home from Spain and most of my major projects are out of the way it may be time to start working on my clutter again.

De-Cluttering should be one of my main projects right after staying healthy.

Having too much clutter is like having too much cholesterol. Don't laugh! Too much cholesterol in your body slows down

the flow of your blood and makes it difficult to get around. Too much clutter makes it difficult for you to get around.

I know all of this stuff but I seem to not be able to get myself motivated. Maybe if I use the square foot method. This is where work on one square foot at a time. I only have about 1,200 square feet to do. Let's see 1200 square at one square foot a day that is about 4 years. It took 23 years to get this much clutter, so 4 years is do able.

Stop laughing! Stop! I know I can do more than one square foot a day, so anything more than that is a plus.

So I start now by taking this can of ravioli back to the kitchen. Yes I have a can of ravioli on my computer desk. I need to know how to spell "cholesterol". Sometimes you can find those words quicker on labels than other places.

I have to go see the gang at Anglo's now. bye!

19-Sep-12 8:59am TC

Good Morning. Today is Talk like a Pirate Day. I have no more to say about this.

22-Sep-12 2:24pm 51°

Summer is over and it feels like it to. Boy did the temperature drop the last few days. I don't mind the cooler weather so much when it slowly cools down. The hot one day and frost the next gets to me. It takes a while for you internal thermometer to adjust to the changes. Yes I'll get over it!

I still need one more lawn mowing before I put away the grass cutting tools. Tuesday and Wednesday look like nice days for finishing up the lawn work for the season or maybe in March. ☺

Well, I have to do paper work now so the lawn can wait.

25-Sep-12 5:48am *\$

Wow, it is three months until Christmas. What did you want for Christmas? I know it is a little late to ask but ask I do anyway.

Weather has been a little cold in the morning but nice the rest of the day. I like cool evenings. Things are starting to slow down and we are getting ready for the winter.

Change

Along time ago I noticed that many people do not like change. I myself like thing to change once in a while. Yes, I like many things to remain the same too. The problem is that everything changes in the physical world we live in. I remember a very long time Mike saying; "The only thing that is permanent is change." If I heard that from Mike or someone else I cannot be sure. I have been using that line for 10s of years and giving him credit for saying in front of me. Ah, am I ready to change my source? No matter.

People you are around influence your thoughts. Even people who you may think are completely worthless serve very well as bad examples. Yes, you learn from everyone how to change.

Learning is change. The more you learn the more you change. If you never saw fire before and you touch it, you get burnt. Maybe you don't understand why you got burnt but after two or three time you learn and then change what you think about fire. And yes you change where you put your hand. You have changed.

You have to learn somethings and change by watching others. If you drive around the gates at a railroad and get hit by a train it may be the last thing you learn and it is too late to change. You would have learned to change if you would have seen some else try to beat a train.

The least year I have been changing. I start working-out a year ago and I feel great. Yes I have lost some weight but that is just part of the change. My attitude about life has changed. I stopped trying to change people to the way I want them to be and except them for who they are. Even though I want things my way I cannot change people to the way I want them. My way is not the only way. It is myway! I will try to be me and you try to be you. If you need your needs to change you need to ask for help. If someone is not the way you want them to be, get over it. You can guide people if they want your help but if they don't want to change just back off. You just create conflict. You could be just pushing them away. You cannot have everything your way.

My mind wonders this morning. When my mind wonders and I am sitting at the keyboard my finger just keep pushing the keys and these letters come up on the screen and some time I have random thoughts. And that is where the name **Marty's Random Thoughts** came from.

Back to changes

I resist change too, even though I know we must change to evolve into a better way. If we have bad habits we try to replace them with not so bad habits.

If we eat too much we may cut down the calories we eat but eat more bad foods but fewer calories. Like instead of drinking 5 regular Cokes you drink 20 diet Cokes. Yes you lowered your calorie intake but you replaced it with some kind of chemical sugar they say won't hurt you. In my case I would think less Coke would be better the replacing it with more on another thing. I am not bashing Coke here, I like Coke! If I drank too much Coke I

would just drink less Coke. I like Coke in the glass bottles, don't you!

Diet

I am thinking about change in my diet now. A year ago I started working-out and along with it I started to watch what I was eating. I am still trying to eat better and consume fewer calories. Well I am watching what I eat and it is tough this changing thing.

27-Sep-12 6:07am *\$

I am here at Starbucks the morning having my first cup of coffee and I tried to read my book. Well someone forgot to charge the battery. You know there are advantages to have books that are printed on paper. Electrons need energy to make them so you can see the shapes of the letters. Ink on the other hand could last for thousands of years.

So I am smart enough to also have my iPad with me and it is half charged. This lets me get on the internet and check out Facebook. I went to one of my favorite places to check out, "I grew up in Woodstock." I found the have a list in their Docs called "...you knew you grew up in Woodstock if..." Well, Now I know I grew up in Woodstock!

Help others, helps yourself

I must have been spending too much on my own. I have been helping a friend fixing up things and forgot how much that makes me feel good. I also forgot it starts changing you and your attitude. I have started to be motivated to do more of my own stuff. I have started to get into the de-clutter mood again. I hope this sticks. I would like to be able to be in the front room and get to the front door to check

the mail and not have to go out the back door and walk around the house. ☺ No it isn't that bad! I just have seen that show on TV named "Bared Alive" and which is about people who have much more stuff than me. As I have said before "I have started way too many projects."

So I have started helping my friend and even though I only spend a small amount of my time on the projects it is helping me to help myself. After only working a few small projects I have started to open up places on my floor to allow me to put other stuff. Wait, I need this space so I can move stuff from one location to another!

Don't start laughing just yet there is a method to this. When most of your clutter is started projects you cannot just get rid of everything. You must organize things so you can decide what projects you want to complete and which ones you will never finish.

So here is how it goes. If the stuff you need to sort through is in a box, you will need four places to put that stuff. One is for stuff you will keep and one for the stuff to trash right now. Another one is for thing you can give away or sell. And the last one is parts that belong to this project and need to be kept together. This should have empty one box.

In reality you remove the things from the first box and put them in many other boxes. Like nail in with nails, door knobs with door hardware, computer stuff with computer stuff, paint with paint, etc. So you get the first pile/box organized and it might make it easier when you get around to working on one of those projects.

Another thing I noticed helping my friend. I have been there 10 times and each time I setup to do a little work before I start working. I do what I can and then cleanup the site and put everything I was

working with away. At home I would just leave thing sit. Then if I decided to go on to another project the stuff just sat. Then after three or four started projects there is no room to move and I would get frustrated. Well, then you go for coffee, sit and watch TV, or in front of the compute then nothing get done.

So now I know all of this stuff and I still sit here at Starbucks drinking coffee when I could be out at Town & Country eating breakfast. Heaven forbid I would go home and start de-cluttering this early in the morning. :-)

Sometimes you need help

Sometimes you read things into things and open your mouth and don't have enough sense to stop. When you realize you are in too deep and can't dig yourself out, the only thing you can do is call for help and hope someone is listening. Thanks for showing up.

Being a Pest

I know some time I can be a pest. When you like someone you tend to hang around them maybe even getting in the way. Sometime you friend ask you to leave you should not take it wrong way. You should just get out of the way and don't be offended. It could just be a reminder that your friend is busy and you should come back later.

I know I can be a pest at times. If I forget to read the vibes you are putting out and you may need to symbolically hit me in the head with a 2x4 so I understand you are busy. I understand! On the other side I will try to let you know when I want to be left alone too. Be a friend and let people know when it is time to stop being a pest or listen when you are being a pest.

29-Sep-12 7:00am *\$

That's twice in the last two days I needed a flashlight to go to the bathroom. Last night I went to a fund raiser play, "The Frankenstein's are Back in Town" with Julie and her children. I had a great time. After the play I needed to use the port-a-potty. There was a line. We soon realized there were no lights. Not a problem for me, there is an app for that. ☺ Yes, I have a Flashlight App on my iPhone. Did I ever tell you how much I like my iPhone? Anyway there were many of us shining our flashlight apps through the vents to help others so they didn't drop the phones in the wrong place in the port-a-potty.

Today at Starbucks I needed to use the restroom and I walked into the room and reached to flip the light switch and it was gone. I opened the door to see and I noticed they now have an automatic sensor to fire up the lights. Great, those things pay for them self in energy savings very quickly. Even at home they could save energy (money). Anyway they just installed it and it is not set correctly yet and I couldn't make it give out some light. So I quickly fired up my Flashlight App and took care of business.

When I finished washing my hands I reached for a paper towel and found none. Wow, there is new hand dryer that really works well. Thanks Starbucks!

Oh, it is breakfast time. Bye!

30-Sep-12 7:50am TC

Is the internet broken today? I think the Internet is very, very s-l-o-w this morning. Using the iPad with Wi-Fi or AT&T it is almost nothings. Using the iPhone with Wi-Fi or Verizon it is almost nothing too. Wait it is nothing not almost. With three sources to connect and it is this slow it has to be the Internet and not the connection.

I noticed this on my eBook reader this morning at Starbucks too. There I had a little internet for a short time. When I get home after breakfast I will see how it works with the hardwired internet. I have to eat now.

At home later

After I arrived at home I tried the internet again. It seemed to be working fine with my laptop. Since my iPad, iPhone, and Nook use my Wi-Fi and go through my land line connection to the internet it might be why the worked now.

Later I came in and turned on my PC and it had no internet. Not thinking it was anything but the problem like this morning I just let it sit. After a while I started think about it not working and got a little confused for a while.

You see the laptop and the PC work off the same internet connection. The PC must have a different problem. After a little troubleshooting I noticed there was no network connection and saw the lights were out on the hub. Yes I had knocked out the plug. Sometimes problems that seem related at different points and not related at all.

Good place to end the month here.

Happy October!



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