

Issue 114 June 2013

Table of Content

Working with Wood ... 1	Walking the Walk.....7	Now What 10
Email and the Laptop 2	B. I.7	Where did that go ... 12
Waiting 4	My Health.....8	Walking the Walk 13
Long Visit 4	Happy Father's Day!...8	Progress of my Book 14
I Am Out There 4	Still Waiting8	EWT Project..... 14
Metras.org5	Phone Update.....9	
I Forgot5	Almost Ready 10	

1-Jun-13 6:04am *\$

Wow, it is June today! There are just seven month left for us to enjoy before 2014.

2014, that reminds me that Daniel, Marvin, and I talked about meeting at the bus station in Pamplona Spain at terminal 13 on May 10th, 2014 at noon.

The three of us are still in contact a year after we walked together on the Camino last year. Marvin is walking the Camino now and should be walking into Santiago today or tomorrow. Daniel was heading to Norway when I last heard.

Marvin lives in North Dakota and Daniel in Idaho. Maybe I should get into the camper and go out and have coffee with them.

Working with Wood

I forgot how much I like building things. And doing it for others evening brings more joy to me. And then again I am building from scratch. Meaning I crated it and built it from scratch. There is something about starting the concept and taking it to completion that makes me feel good.

I work with wood because I have many of the tools and supplies to bring the idea into reality. I like working with metal but I do not have the tools to do much. I thought about buying some of the tool but...well it is a place to put them and then there is the money thing that stops me.

Email and the Laptop

For some reason my laptop will not send emails. Yesterday I brought it up to Starbucks with me along with my iPad to see if the problem was an issue with my network at home. It still didn't work so I started troubleshooting many things. The iPad and iPhone send emails just fine. The Laptop would not. After a couple hours I figured it was the firewall and/or the antivirus programs were blocking the emails from leaving the OUTBOX. So after turning both of them off. I could send mail again. I turned off the antivirus programs out mail check and I could not make it fail. Thinking I had it fixed I headed home.

So last night I reinstalled AVG (antivirus program) and sent out a test email. Well let's say it is still in the OUTBOX. I will try again when I get home. Maybe there is more than one issue that is causing me problems. Being it is only the laptop it leads me to think it is a laptop issue and not anything outside of it.

I am guessing you don't really want to know all the details of this but it helps me to think out loud. Kind of talk the problem out until something jells. So read on or skip to the next section and it would turn a death ear to me when I get talking too much.

Since this just stopped working something had to change that

caused it to just stop. What happened is it the last few weeks that might or even might not have affected this?

Well I have new internet service and new hardware. If it was that the iPad might not send mail and it works just fine. I can receive emails, browse the internet, watch Apple TV, and everything seems to...what about metras.org, can I get there from here. If it is hosted from home....Ok there is something that is not working. It was working before but not now. It was working with the new internet service so something changed. I'll start a list and when I get home I'll have to see what I can figure out.

I wonder if my file server can send email. I don't remember getting any of the LogWatch reports. These get stuck from time to time so it may be ok. It may also be why I can't get to metras.org it is on the same server.

What about my PC. After I rebuilt it I haven't been using it. I think I had it setup to email. I need to see if it worked. All of these things are on my personal network and all worked before I changed my internet service.

If the problem is the new internet service I could just use my Mo-Fi card to connect to the internet to see if the laptop will send emails. If that works then I will know it is an internal issue with either my firewall/router or

it is the new internet service's modem/router.

1. Check access to Metras.org
2. Check email on file server
3. Check PC in the office
4. Use my Mo-Fi and see what happens.
5. Remove My Firewall/Router
6. Call U-verse for help!!!!!!!!!!!!!!

=====>>> go have breakfast and forget this for now!!!!!!!!!!!!!!

2-Jun-13 6:42are *\$

So far I have not worked much on my Laptop's problem. It still is not sending email. The little I worked on it yesterday did not make it work. I have been working on other things. I am sure if I stay away from the problem the answer will come to me in the middle of the night while I in a deep sleep, maybe even while I am sleeping in the chair or driving down the street.

3-Jun-13 7:41am *\$

I had a fantastic sleep last night. It is a little foggy this morning. Not me, outside.

So I came up to Starbucks to have coffee and see if I could get my email to work on the laptop. It worked once in a row. This is one of those pains in the butt issues that I cannot pin down. I decided to turn Outlook off and install Thunderbird as my email client and see what happens. Well after setting up two or three email accounts I tested sending emails. Well I can't make it

fail. What is the problem with Outlook? It has been my number one email client software for years and years and years. Every time it had failed in the past is was some minor things. Not this time. Hum....

I guess I need to do more research why it is not working. I have had things that were failing me in the past that just magically just started working and I never figured out why. I think this is not going to be one of those times. I am sure there is just some little thing I am missing and been looking too hard for something. Sometime you try too hard and can't see the simple answer. I will just leave it sit and use Thunderbird and let it be for now.

Oh, its 8:00 and I haven't had breakfast yet. Got to go!

4-Jun-13 8:07am *\$

I slept in so I'm a little late for my morning coffee. I got to see the eight o'clock group today. I forgot I enjoy this group of friends. And the spinning wheel ladies are here too. At different times of the day there are different groups of friends gathering here at Starbucks. I could write a book on what happens at Starbucks throughout the weeks sitting here.

Thinking about books, I need to get back working on book about walking the Camino last year. I also

need to proof May's issue of Marty's Random Thoughts.

I have other things to work on too. I am still not happy with my network yet either.

Waiting

So I have been waiting for an hour now. I think you know waiting is not my favorite pass time. I am so much better than I used to be in the past but am still not something I like doing. It may be because there is nothing I can do about it. If I am waiting without something to do in the mean time I get frustrated.

Ah....NOW!

5-Jun-13 6:40am *\$

Am I not eating right or is the weather? I have been dragging the last couple days. Three days ago I felt great. Yesterday I over slept and was tired all day. Today I feel drained already and it is only an hour into my day.

Maybe it is the frustration of my new Internet service. I spent from one in the afternoon to six in the evening on the phone with tech support. In the end they cannot make the new hardware do what I need it to do. Today I will call them up and have removed the new system and return me to the DSL service I had before. I never thought I would ask for older technology to replace the new technology. I almost always embrace new things. I

guess there is a time when new is not better.

Maybe this whole adventure is draining me and if not the food or the weather. It is an emotional drain. If that is the case I need to get over it!

After all the whole idea to upgrade to U-verse was the cost. With the price half of the DSL/phone system it was a no brainer when I found out it was also faster internet and a bunch of more services on the phone.

Now I want to rethink this whole phone internet thing. Do I need a phone at home?

Long Visit

I can talk can't I? A man I met the other day stopped at my table to say "Hi!" this morning. Allen asked me about my walk across Spain. The next thing I know an hour had passed. Allen has been a world traveler since he retired. He currently lives in Brazil and is town visiting friends. I can talk!

I Am Out There

Way back in the beginning I did a search on the internet for my name and only found a few hits on my last name. I just searched my name and I am all over the internet now. Am I famous or just have my name all over the internet for other reasons. I even see I am listed in a United

Kingdom website. So I guess I am out there.

Metras.org

For those of you who have visited metras.org, another of my website, don't! It isn't available at the time I type this. I host this website from inside my house and the new internet service is not letting you or me get to it from outside my house. I either need to let it be that way or move it to the outside in LaLa land like my other websites.

I have been using metras.org as a test place when I try new ideas before I move them to my other location for all to see. With the new internet not letting me do what I want to, I am stuck for now. I don't need this hassle in my life so I have to figure this out or let it go. Om, Om, Om...

I Forgot

Here it is the 5th of June and I have not even thought much about proofing the last issue of MRT yet. Yesterday was the first time I started to proof my Camino book too. I just have too many things going. I need to work on my list again. Not to get things off the list but to add things to the list. I just looked at my List of Lists and there are 60 items on the list. I need to work on this list before it starts to lisp. Wait, I just thought of another thing for the list.

Got to go....

7-Jun-13 1:18pm *\$

I know it is kind of late for me to be at Starbucks but here I am anyway. I was up here this morning drinking coffee because I had a blood test at 7:00. Starbucks is not the same when you only have water so I need to return for lunch. Well that is if walnut bread and coffee is lunch.

I was proofing the May issue and having random thoughts, so here I am typing. I put on my jacket before I came up here because it cool out here. The sun was out and I think I will need to remove it when I leave. It was only 67° when I left the house.

The weather gods must know it is still spring and making sure we don't forget.

Boy it is busy here. People are in line clear back to the door. They are not slow taking care of the customers it just that people just keep coming through the front door. There are not so many people hanging around as most of the tables are empty.

Maybe I should find something to do that is not just sitting around watching people standing in line. Maybe I will go see Anila.

Anila and her family are leaving for Albania tomorrow for a long visit. It is time for lunch again, isn't it? :-)

8-Jun-13 7:46am TC

I just can't get use to it being June. I keep writing May. What's up with that? I remembered today it is not May anymore and got the date right. :-)

I didn't have any random thoughts while I was at Starbucks this morning. I was proofing my Camino book and got hungry so I came out to see Anila. It is the last time I will see here for a couple months. She is going to Albania today. Oh, here come my breakfast!

9-May-13 7:24am *\$

This morning I have been proofing my Camino Journal book and I see that on June 9th I was in Hospital. No not that hospital the village was called "Hospital de las Condesa". The village was on the top of a mountain and it was so foggy I could not hang my clothes out to dry. The albergue was cold and damp. They didn't turn on the heat until everybody was cold to the bone. I was enjoying myself because I was with friends.

I think it is where I first met the 16 year girl who was traveling with her grandmother. We had many visits the rest of the way to Santiago where she told me of a hotel to stay when I arrived in Santiago. I wish I would remember more people names!

So I am plugging along proofing my book. I see there are no page

numbers in my manuscript so I only can say I am on June 9th. I arrived home June 23rd so I have that much to go. I still have to add some pictures and check my emails to see if there are more stories to add to the book. I don't want to make the stories too long that it will bore my readers.

If you think you might like a copy of my book let me know. I am sure I can get it printed for less cost than you buy just one. Just let me know and I'll add you to the list. I am not trying to get rich just trying to save you some money.

I am surprised I am this far along with my book. It took me three or four years to complete the book about the first Camino walk. There isn't a short link directly to the book so go to lulu.com/metras3 and scroll through the list to find it if would like to review the book. It is named "My Camino de Santiago Adventure", by Marty Metras"

Yes it this is an ad for my other book. :-)

Anila should be in Albania by now. I think her plane left at midnight. I'll check on Facebook and see what she has to say.

10-Jun-13 1:16pm *\$

Did Anila make it to Albania yet? Yesterday Violca said they made it to Germany. She can't be anywhere

yet because she hasn't been on Facebook yet. Have you heard?

Walking the Walk

I just got finished proofing my book about my trip in Spain last year. I still need to enter these changes into the computer. Once that is done I need to get a little more serious about getting it ready for the publisher.

I have a lot of hi-lited notes I need to check out. And then check all the Spanish village names to get them right.

I have sort through my pictures and put some them into the book. Each one of these pictures could add a thousand words to my manuscript. Wow I have over 700 pictures so I could add another 700,000 words. Well I will not put all of them in there. I will only use the picture that look good in black & white and color. Maybe 5% of my pictures will make the cut. We'll see.

I may add a table of content, index, page numbers, and format the pages for 6" x 9" too.

I am purity sure I know the title. Even that could change before I publish.

Maybe I should head home and start working on this.

11-Jun-13 6:59am *\$

This morning is moving right along for me. I entered a bunch of page of my book into the computer already.

I needed a break from that so here I am here on my iPad typing to you. I have been up for two hours and seem like I have been getting a lot of things done.

13-Jun-13 5:44am *\$

B. I.

Yesterday I was living with BI at home. That is Before Internet. The phone company scheduled to be at my home between 8:00am and noon to return my phone service back to POTs and DSL internet because of all the issues I have with U-verse. Guessing they in no way would be there at 8:00 I went to TC with Michelle for breakfast and didn't get home until 8:30. Well the tech called shortly later and said he was on the way. He was just a block from my door. Great! I was ready to have my service restored. His name was Jim and was not only an installer but a technician too. I told him the issues I had with the U-verse service and he seemed to understand. We visited more than doing any work. It wasn't long and my phone server was backs to a POTs (plain old telephone service) line.

When we check the DSL modem they had not turned on the DSL service at the phone company yet. Jim told me that his orders were to just make the phone work. He checked and saw that they had just not switch it to DSL yet but it was out

of his control. Jim was into all of the technical parts but there were things he had no charge. I learned a lot from him. I even learned a new place to have my website to be hosted that could save me some money. It is called JustHost.com. I will check this out when I get things working.

So yesterday after Jim left I got on the Phone and called AT&T to see when the DSL would be turned on. Well I think I talked to 3 people who called 3 others and still I had no answers. Since my service was U-verse and not really back to AT&T, I got passed back and forth from one department to another. After over an hour I decided to just say "Good-bye" and take a break. A couple hours later I called back and got Joseph who thought it took a half hour got me an answer. It seems that it will be hooked up today and I can't be there. Hopefully they just need to turn on the service.

So all day I was BI. No TV, Email, surfing the internet, or any of that stuff. Well I had my iPad and it works via 3G and I have my Mo-Fi so I did not go into withdrawal. You don't realize how much you use something until it is taken away.

My Health

Being away for exercising for a month is tough. Not much being away but starting up again. I started

working-out Monday and was smart enough to take it a little easy the first day. Later Monday and Tuesday I could feel that I had muscles that I woke up. It was a good soreness. Yesterday went well except for pushing a little too much and running out of gas so I just took a few breaks during the class. I think I will be back in the groove soon.

I went in and they have more blood tested after returning to taking the blood thinner and it was 2.5, exactly what it should be. Great!

But all this other stuff that has been going on the last month isn't over yet. I have to go back to see what they can do about the prostate issue. The drugs are not making a difference. They told me that it was a 50% chance meds would help. I should have noticed a difference by now. After talking to the Doctor I have schedule an appointment to see what the next step will be. So today it is that day and I will find out if it something I will enjoy, other than having a new story to tell. :-)

16-Jun-13 5:54am *\$

Happy Father's Day!

Still Waiting

On May 24th I upgraded to U-Verse. With all the problems I had because I want to be able to do web hosting inside my house. Well

even though they said I would be able to do this, they could make it work for me. You see that is what I was doing before I upgraded. Once I found out I couldn't do web hosting using the U-Verse hardware I asked for them to switch me back to POTS and Static DSL (Plain Old Telephone Service & Hi-speed Internet with a fixed IP address)

Well here it is 24 days and still you cannot call me on the phone without getting a lot of static in your ear. And my phone just rings and rings and rings and keeps ringing for about 5 minutes nonstop and nothing I can do will make it stop. If I pick it up I hear the same static and I hang it up and it continues to ring. And for the Internet service they say they hooked it up and but it don't work either.

I know if they ever get it fixed it will be just fine. After all it was March 2010 the last time I had any trouble with my phone/internet service.

Thinking back on this I should have done it a little different. I know I should not try to change the past or for that matter dream of the future but... I should have them run a new phone line into the house and make the new system work before I had the old system unhooked. I used to have two phone lines coming to the house so I could have a phone and internet at the same time. Well there is the next time. :-)

Phone Update

I just got home and was thinking since I have call transfer and I can call out, I wonder? Yup I set my home phone, that no one can not call in on will transfer calls to my cell phone. I tested it and it does work. So I have a temporary fix until I can get AT&T to get this other stuff fixed. No I wonder about My Minutes on my cell phone that is a little strained right now. I'll check and see how many minutes I have and get back to you...

...Ok it shows I have 23 minutes left up to the 18th of June. On the other hand I have over 700 text message available on this billing cycle. And I can use email I think it is unlimited. I will turn the call transfer off because I don't want to use up my precious minutes. If you need me just wait, email, or text me I get back to you. And of course you can call me on the cell phone if necessary.

18-Jun-13 5:39am *\$

I missed my morning Starbucks coffee yesterday. I did have Starbucks coffee in my hand but I gave it away. I got busy and just got up here of me. You know I lived through it too. :-)

Outside it is cool and looks like snow. What's up with that? The weather guys say it will be 72° so I don't think it will snow. But you never know!

Almost Ready

Sunday, I think it was Sunday; I was on the phone with AT&T with my Phone/Internet mess again. I think I am up to 12-1/2 hours now. Yes, that is twelve and a half hours. It seems to be working but I am not ready to let them go just yet. I will call them to find out what my IP address are now. For you who are techies you should know I have static IPs. For you other people it is the number equivalent of the house address of www.metras.org is located. Most people do not host their own web site from home so it is handling automatically. Being the Geek I am, I do need IP address (Internet Protocol address) that doesn't change.

In my case ICANN (Internet Corporation for Assigned Names and Numbers) says that metras.org should be located at 192.168.1.51 (not a real number). It will always be located in the same places.

Anyway I have to call and verify I received the correct IP address on Saturday. I was so excited it was working I did not verify them when they gave them to me.

I also want to see what they think they are going to charge me for all of this.

So I am almost ready.

Now What

I am working on a construction project. I enjoy working on small

projects from time to time. I am installing a wall and a rack. Yesterday customer came in and I had to close down the project for the day. I found when you have a limited time when you working on a project in a business. When you work at home I just let things lay and go to bed or breakfast and just leave everything where it is until you return. In a business you need to stay out of the way of customers. When you leave for whatever reason you must pickup all you tools and materials and put them in a safe place. In most cases that is back in your truck. Not that someone will take them, it is so they don't move them to use that space and you can't find them when it is time to work on the project again. And Safety!

In my case I will not be able to work on this today on the off hours from 10:00am to 3:00pm today. I may go back at 8:00pm and work until the sun comes up tomorrow morning. I am use to working with the day light coming through the windows. I will see how it goes if I decide to work tonight.

18-Jun-13 12:08pm Oak Park, IL

Wow! The GPS says 61 miles and 1 hour and 17 minutes to get here from Home. It is 1 hour and 18 minutes from US14 & Rt 47 and I think it was 61 miles. Maybe I should pay attention to the path supplied. Last

trip took 2 hours. I shouldn't have taken that short cut.

Oh, I left my paper work out in the car. Oh I'm having my coffee and I have an hour before my appointment. Break time first! I have a very nice drive here, not much traffic or construction to deal with. The construction started in Huntley and ended just after Elgin. Still the flow was good.

I see I could take the train & bus to within a block of where I sit. I wonder what that would have cost. I know Google maps say it would be about 2 hours and 8 minutes. I used about five dollars in gas so ten for the round trip. I think I'll look up the price...

...Train from home to Jefferson Park \$7.75 then bus to here another \$2.25. That is like \$10.00 one-way. That is twice the cost and twice the time. I think I will just drive!

Well, I best go get my paper work from the car and get back here.

22-Jun-13 5:40am *\$

Wait until Barb finds out that you run out of time quickly when you retire. Barb the manager of the Woodstock Square Starbucks is retiring in July. She says she will be semi retired. She is going to retire for six months then come back as a part time employee. We'll see how that works out.

Since I have been retired for over six years having a routine job is not what I really want. I like my three days a week for an hour's and I like working on projects. I like it that I work projects on my schedule for the most part. If I can get away from the project to have a cup of coffee or take a break when I need it I can. Yes there is times when you are helping others you have a responsibility to them. You can still for the most part have your freedom. For the most part when you have a job you have agreed to your employer to except payment for them to tell what you should do and do their will. That is why so many people change jobs. They are not happy. Many start their own business thinking they are they will be their own boss. Sometimes this works and other times you get yourself locked down to you customer's needs and wants.

Something I heard George Burns say; "Enjoy what you are doing you cannot always do what you enjoy." The way I look at it, you must find what makes you happy in what you are doing. There must be something that motivates you to keep doing a job you don't really like. Some time it is all the money you make. Sometimes it is the people you work with. It might just be that you get to work outside.

Yes, you might be digging a ditch, but you are working outside. While enjoying the parts of your work you like you will not be dwelling on the negativity. You will feel better. And when you feel better you will think more clearly and you could be creating another idea to get you closer to the dream job on the beach. Even raking the sand on the beach could be better than digging in the mud. Maybe you don't like the beach and like to play in the mud.

Where did that go

I have been getting these error messages that say that something could not be delivered. Thinking it was junk mail because of the way it looked I just deleted them. Well it seems that the internet community thought it was spam and packaged it as an attachment but my server had done that too because it thought it was sending spam too. So I finally made one of them safe to open it and found I was sending it to myself. I guess I forgot about all the system checks I had running to warn me of things to check. On my backup server I have a program that checks the hard drives once in a while to see how full they are and alerts me so I don't run out of space.

Well it must have not been working for a long time and it was emailing the message to an invalid

account and since it couldn't send me a message telling me it wasn't working. It is one of those things that messed my computer. So I got it sending the emails and now I can look at the problem where all the disk space went to.

23-Jun-13 7:09am *\$

I was sitting here reading some more of my book on happiness and they talk about living in the NOW. Remember you do not have yesterday and tomorrow never comes. There is only right now. As I have said before what happened in the past cannot be changed so don't worry about it. And the future may not come to pass the way you think so do right NOW what is the best. It will become the past shortly in the future.

Another thing they talk about is how awesome this world is. We take so many things for granted. I know I do. I was thinking about something I take for granted a box of Kleenex. Someone went many nights without sleep to make this work. First they needed to figure out a way to make a two by four soft so we could hit ourselves in the nose without breaking it. Then they made it in small pieces that would fit into a box. Then on one sleepless night they found a way to stack these sheets of paper so if you pulled one out of the box another one would pop up and

are ready for the next need. Isn't that awesome?

I won't get in to the guys who never sleep at night who figured out how to put all those ones and zeros together that ended up to be my iPad. I can just touch some of the 96 switches on the keyboards to make sense of what I am thinking that ends up to be what I call *Marty's Random Thoughts* newsletter. Wow, Awesome!

Think about it!

We just don't think about how complex things are some times. While typing here I just thought about one of God's creations, me. He is amazing because somehow that I will never figure out and maybe shouldn't try. Somehow I can think and the thoughts go from my head to my arms to my hand to my fingers that press the keys on the keyboard to the screen. In most cases the right letters get pressed. How do I do that? Awesome!

All I need to be think a thought and boom, there it is! Wow!

Maybe I should watch what I think. :-)

Walking the Walk

I have only been working on my book a little the last few weeks. This morning I noticed it was June 23rd. You may say;"So!" Well today it the day I returned from Walking the

Walk, Camino de Santiago. I had left on May 1st at noon and return home June 23rd at 6:30pm. Last night I was looking through some of the postings on Facebook from the people I met while walking the Camino. Many left for their home the same time I did.

I think about Walking the Walk again. Today I thought about when I am 70. I tried when I was 60. Then when I was 65 I walked the whole Camino. When I am 70 maybe I could walk it from St. Jean Pied-de-Port to Santiago and back. Or maybe walk it backwards. Or maybe just read a book about it. Time will tell.

24-Jun-13 12:59pm *\$

It may seem to you when you look at the time that I am a little late for Starbucks today but it isn't true. This is my second trip. I was here earlier to visit with the Starbucks dudes. When I arrived some lady I never saw before was telling Wendell; "There is another one of those Starbucks Dudes!" I just laughed it off because I thought it was one someone Wendell knew. That was not the case. She just thought she needs to pick on us. When we all sat down I saw she had a laptop bigger than a Sunday paper. She and the guy spent more time outside smoking than they did pricking on us. It is nice when strangers are friendly. So many people don't talk to strangers. Yes

we teach our children to not talk to strangers but that is because they need to learn how to identify a good stranger from a bad one. Some time I think us grownups can't tell and the kids can.

Anyway I am now a "Starbucks Dude!"

Progress of my Book

I worked on my book selecting pictures I might put into it. I have over 50 points marked to add to the book. Many are pictures but some of them are just things I noticed I forgot. Maybe in a few days I will start looking through these pictures to see if they clean up enough to look well in the book. I thought they need to look well in black & white as well as in color. A book I would sell for twelve dollars would cost about fifty if it is in color. If the pictures look well in B&W then I will save my reader money.

Now that I selected about 40 pictures it means I may have 40,000 more words to add to the book. Remember a picture is worth a thousand words. :-)

Funny, I have a draft copy of my book on my iPad and I see there is over 25,600 words right now. I don't

know where I would put 40,000 more words. :-)

EWT Project

I have been fabricating a ball rack and a shelf to put the boxing mitts and pad on the last couple weeks. They are going to deliver a 21 foot pipe this afternoon. It is the only part that was too long for me to put into my camper and haul myself. Michelle said that Penny said they will deliver it this afternoon. Maybe by this time tomorrow this phase of this project will be finished and I can move on the next section.

I am working on a lot of small projects. Some are easy and some are hard but all are small. I like that I can help out and do not really have time crunch to get them finished. Some I wait for when the materials are on sale and other when I feel like working on them. And some of the materials come from my garage so a little de-cluttering happens at the same time. Well I best get out there to except that long pipe. Well after I finish my coffee.

Ok, I am not going to retype that just because I have my iPad again. But I do think I will charge the battery so I can use it later.

25-Jun 6:48am *\$

MAT 25-JUN 6:48AM *\$

SO HERE I SIT HERE WITH OUT MY IPAD, OR LAPTOP. I LEFT MY IPAD AT EWT AND DECIDED TO PICK IT UP THIS MORNING. SO I CAME HERE WITHOUT THE LAPTOP BUT BROUGHT THE PARACOPY OF MY ADD-ON NOTES OF MY BOOK. IT ~~WAS~~ IS 9 PAGES AND I FIGURED EDITING IT WOULD TAKE ME ABOUT ONE CUP OF COFFEE. THEN I FIGURE FIGURED IT WOULD BE TIME FOR BREAKFAST, NOT SO! I STARTED WRITING NOTES (MAT) WITH A PEN. I MUST BE GOING THROUGH WITHDRAWAL OR SOMETHING NOT HAVING MY IPAD. HAY, I THINK WILL JUST SCAN THIS PAGE AND NOT RE-TYPE THESE WORDS. HOPE YOU CAN READ MY HAND-WRITING, I CAN'T 😊

27-Jun-13 5:40am *\$

Am I losing it or do I just don't care anymore. Being a person who remembers most things for a very long time I find I am starting to not remember things. I don't like I hear people with all-timers or one of those things. Well maybe it starts like this.

I went to the doctor's office the other day and they started asking me all these questions that I have told them in the past. They always do this every time they update their computer systems. I don't know if they trust the people who convert their data, or it's a memory test for us. I remembered that I was in the hospital when I was four and again at twelve and 1956 or 1957, the year Mike won the second place in the Soap-Box Derby. The following year he won first place. Yes I am talking about remembering things.

I can remember things back in Michigan where I was born, well parts of it.

I feel I have a very good memory.

I never have written down any of my medical history records thinking if I really need details the doctors would have them and I would have to know any of this stuff. Well it seems that every time you go to a different medical practice you need to tell them every hang nail and cold you have had ever. Either I don't care or don't remember all these things. For the most part I don't care I had a

boil removed when I was 4 when I am in for a stress test at age 66. Yes, I know the more they know about you the better they can treat you. It is that every few years they ask you these same questions again. I understand that the law will not let them share your personal data that is to protect us. From whom? The other day my doctor told me if his text a message to another doctor of mine for medical information he would get a big fine. I am not talking about texting the information but just for asking to send using my name. Come on people what are we doing to ourselves with all of these restrictions?

Back to remembering my medical history; I need to write down every hang nail, stubbed toe, sliver, heart attack, etc I have had since I was born and have it available for the next time they ask. Think about that there is another thing people ask for at interviews.

Can you list every place you ever had a job when you started and left, name of your boss, what you did what your wages were, and why you left. I used to be able to do most of that. Maybe not now, don't care. Yes this would be fun to try.

When I was getting ready for the family reunion in 2011, I listed all the cars I owned since I started driving. I have had 55 modes of transportation since I was 16 so.

Wow, I had been driving 50 years. I was driving when I was 12. I have a paper route delivering the Sunday papers and on the bitter cold mornings Daddy would feel sorry for me and we would take the car. He would sleep on the passenger's side and I would drive and deliver the papers. Maybe I was older but 12 make a good story. I know I gave up the route because it was more than I could handle or more than I wanted to handle. I do remember I really didn't care to deliver the early morning papers. I had to get up around four as I recall. On the other hand I loved delivering the Woodstock Sentinel.

Cork is meeting me at TC in a few minutes so I have to go.

28-Jun-13 1:56pm *\$

Barb, the manger of Woodstock's Starbucks retires today. I didn't get up this morning so I stopped by for a brew and got a celebrate piece of cake too. Congratulation Barbara!

After my work-out I thought it was time to cut the grass at EWT. It has been so hot and rainy all week I thought I would just do it even if it was wet. As it turned out I was a fantastic day for mowing grass. I was wearing my heart monitor that measure calories and it showed I burnt as many calories working out as I did cutting grass. With the new mower it is as easy as walking across

Spain. So I must have burnt a lot of calories when I walk. I never thought of wearing the monitor when I go for a long walk. Maybe I don't need to know.

It is a little noisy at the party behind me. Barb says she will be working on their orchard until this fall, then get a part time job. I wish her luck.

30-Jun-13 6:43am *\$

Wasn't yesterday fantastic! I spent to day between sitting at my computer table working on my book and watching TV with my eyes closed. Wait I cleared out the tools and junk from the camper. It no longer looks like a big toolbox with a kitchen. :-)

It looks so much like a camper now I have thoughts of a field trip.

I thought of packing up my thoughts along with all stuff about my book and go somewhere and just work on my book until it is finished. Maybe I could just park in front of Starbucks. That way if I need a break I wouldn't have too far to go. :-)

I like to go places where I can be alone with my thoughts. When I walked across Spain last year was one of those places. You are not alone all the time but it is enough to clear your thoughts. And then a bar shows up so you can take a break from that too.

I talked to Mike yesterday and it sounds like they are ready for another change. They have been living in the same place for a very long time. We have to wait and see what come of this.

So what do I have to do before I go for a road trip? If I take the camper I think I will get the A/C fixed first. Marie and I went to Iowa on the hottest day of year and it was fine as long as we were driving over 55 MPH. I think doing that once was enough for me. Marie told me "No way would she do that again!" Ok the A/C will get fixes before another field trip.

Cork and I went to California in March but it was still wintery so it was ok. But with 85° weather and all those windows, no thanks! So I will have to get that fixed or wait until fall.

I did have a skylight that was leaking but I think it fixed itself so it can wait. I will just keep a pail just in case.

I need a new hose for draining the tanks. That should be an easy fix. And I need to check out the water system for leaks. I haven't used any of that since 2011. It is time to go over the whole thing to make sure things all work.

So I have itchy feet to be somewhere else. What does that mean? Do I need to be somewhere

else or just start doing something else? Or do just need to go to McDonald's instead of Starbucks. Or Elks Club instead of Town & Country. Maybe walk instead of driving. Maybe just listening instead of talking would be enough of a change.

Ah, I could just sit somewhere else here at Starbucks. Hum...

Today is the last day of June. Tomorrow we start the last half of 2013. Where is the time going? Maybe the earth is spinning faster!

Thank you!

Marty

Maybe today is not over yet. I am just sitting here on the front porch enjoying the day. I was thinking of going out to the garage and do something but this chair got in my way. I didn't want those legs to take it away so if am sitting it so the wind doesn't blow it away. :-) What was it that I need to go to the garage and do? I think I should go out there and see if I can see if U can get an idea. With any kind of luck I won't be able to figure it out and I will have to return to here and just sit on this chair. Oh woe is me!

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