

## Issue # 123

### Table of Contents

31-Mar-14 12:59pm	.....3
EWT.....1	Far Watching.....3
Warm.....1	20-May-14 8:28am *\$
26-Apr-14 6:02am *\$	.....3
.....1	Drilling tires.....4
Next Month.....1	Donuts.....4
Story Shelf.....1	2-Jun-14 9:23am *\$. 4
3-May-14 6:38am *\$2	Late.....4
Busy.....2	4-Jun-14 8:57am *\$. 4
8-May-14 3:59pm	Rain Maybe.....4
Home.....2	8-Jun-14 9:33am *\$. 4
Nice Day.....2	Book.....4
12-May-14 8:48am *\$	26-Jun-14 8:58am *\$
.....2	.....5
Rain.....2	Drinking Coffee...5
Fan.....3	Still Not Ready...5
Runny Nose.....3	4-Sep-14 Home.....5
18-May-14 6:33am *\$	11-Sep-14 8:03am....5

### 31-Mar-14 12:59pm EWT

#### Warm

It is 65° so I decided to sit outside in the sun and type this. Well in just a few minutes I returned. The sun was too bright. My eyes are not used to that and I couldn't see the screen very well. And the wind is blowing 25 MPH. So I returned inside and put on my jacket and went back out to pick up trash. And always the trash belonged to others. Trash blows into where ever I am trying to keep cleaned up. If People didn't through trash out their windows I might have a little more time to do other things. Things like sitting at Starbucks sipping tea and watching people.

Did you see I started a new issue here? I have #122

at home for me to proof to make sure it is full of mistakes.

If this weather holds up I will be able to start my garden. I am going to plan a few veggies this year. I thought pickles, tomatoes, popcorn, maybe some pumpkins, and whatever comes to mind as I get started.

I have some painting to do when I can leave the windows and/or doors open at home too. I could be home working on this right now it weather wasn't so nice. And then it is lunch time too. It is just too nice to do anything that has the word "work" attached to it.

### 26-Apr-14 6:02am \*\$

#### Next Month

Hmm...Where have I been all month? There is nothing written here. Maybe I just haven't had anything to think about. I know I have been here at Starbucks quite a few times. I have even sat in this spot some of those times. I guess when here I have been visiting more than thinking of things to write.

#### Story Shelf

At home I have been taking pictures of the items on my story shelf in the bed room. That would be the shelf above the window on the north side of the room. It is about six inches by 10 feet and has thing on it that I thought would be neat to pick up throughout the last 20 years my life and it would fit on the shelf. One day a couple of years ago I thought each one of these has a story to tell.

I thought I would start by taking a picture of each item and then write a little story about it. I took a few pictures of the whole shelf full of stuff. Now I am taking a picture of each item. Boy is there a lot of stuff on that shelf. I did a rough count and stooped counting at one hundred. I'm about half way through taking pictures and there is a lot more than a hundred.

Maybe when I start writing about all this stuff I will have a best seller. Just taking the picture is bringing back memories. I put this shelf in about

1994-5 so it has been there for twenty years collecting stuff. The dust behind things would let me believe it had to be there for a very long time.



I think I have taking pictures of everything from the left of the picture to the Arizona Tea bottle in the center. There are a lot of neat things on my story shelf. Well they are neat to me. I am sure I will find things on this shelf that I have no idea where it came from. So far I know about all the things I have photographed are. I don't remember when the memory happened but I do remember the emotion that got attached to the item.

Ah! Clutter the hangs around me has emotional attachments. I have heard that about clutter. I may have even said that before.

### **3-May-14 6:38am \*\$**

#### **Busy**

So here I am out of time again and so many things to do today. Well I needed to have my cup of tea before I get started. In about 5 minutes I need to leave to get started. I will either get the stuff done today or not. Only the future will tell. I can only get done what I can. If it does not happen it isn't meant to be. Even though I can have many things happen at once I can only do one thing at a time. Right now it is drinking tea...wait, it is typing then drink my tea. :-)

### **8-May-14 3:59pm Home**

#### **Nice Day**

What a nice day! It is four in the afternoon and I am sitting on my front porch in short sleeves. I have

been working out of door off and on all day. The temperature was 57° when I left this morning at 6 o'clock not it feels like it might hit 90°. Its 88.3° right now. If I am not careful I may get the first sun burn of the year.

So I sit here thinking of the things I could be doing and don't feel like doing. I feel like typing and enjoying doing little of nothing.

Monday I walked out to EW Training for my work-out. Tuesday I figured I wouldn't and didn't. Wednesday I thought about but it felt like rain. So I drove to Town & Country and walked from there. That is about a 10 minute walk. Well, more like 7 minutes. Today I figured on just driving and I am thinking about maybe walking tomorrow.

I have been thinking about cutting the grass but can't talk myself into it. Maybe tomorrow. I see the trash has blown into the yard again and needs to be picked up. It seems that on windy days people throw their trash out the window to see how far it will go. Well I win it! :-|

Well I have been sitting here long enough. I need to go take a break. Remember I take two hour breaks every ten minutes. :-)

### **12-May-14 8:48am \*\$**

#### **Rain**

They say it will rain today. They are right some times and some time not. I looked at the weather map this morning and I thought not. Now I am getting thunderstorm warnings on my iPad. We'll see if the weather guys or I am right. I am guessing maybe I should keep quiet about the rain.

#### **Fan**

I am at Starbucks and I see they have a change. Every time someone opens the door there is a fan that spinning that mounted above the door. Well it is a blower and not a fan. It is nosey! What happened to just having a bell? I will have to check but I think it is an air makeup unit. When some opens the door it

blows air. It is hooked to a switch on the door and only blows when the door is open. I wonder.

## Runny Nose

Many of you know my nose has been running for 10 years. You would think it would have stopped by now. I am not talking about a seasonal nose run here. I mean all year round rain or shine, warm or cold, winter, spring, fall and summer. I have tried to figure this out. Doctor gives me medication and not of them has made difference. I tried changing what I eat and exercise and made no difference. So today I decided it might be something in the air. Some like an allergy. But to what?

This morning I headed to the internet again and I have many time it the past. This something caught my eye that I heard before that I just discounted because I figured, "No way!"

So I am guessing I may be discounting the wrong thing. It talks about Dust Mites. It told me that maybe all this dust around the house it trying to kill me. Well maybe not really killing but my body is sensitive to the dust. My housekeeping is making me sick and I need to do something about it.

Since I have been talking about de-cluttering for years now, it may be time to get started. The cleanest room in my house is the bathroom and the other end of the house is the kitchen. Isn't that backwards?

Where should I start? I am thinking the bedroom. I spend a big share of my day there just breathing in the air in there. That is about all I do in that room. Just lay there sleeping and breathing. It I am breathing in dust and/or dust mites my sleeping may be killing me.

Yup I will start in the bedroom!

I just noticed the air here in Starbucks feels fresher. Is that what the blower above the door is doing?

## 18-May-14 6:33am \*\$

### Far Watching

Fair Diddly today! I sitting here and watch them

setup. They just unlocked the gates and let them in. Now ever body can hurry and get setup. Some people parked off site and trucked their stuff while others just drove up to start a little later.

I sit here in Starbucks where I can see it all happen. Dan and Walter have the good view in the window. It is interesting watching. Purity soon the view will be over as they are putting sides in the tents.

The first guy struggled to get the tent up and then the next one showed up and had to squeeze into the spot. Now my view is blocked so if I need to go outside the view more of the setup.

Do all of these summers fair go this way? Once the tent is setup the racks and stands to hold the merchandise. I am watching two people get set up one it slowly moving along and getting things setup. The other pair seems to be mother and son. The kid doesn't want to be there but is helping. It is like they are in a panic mode. They don't seem to have a plan of attract. In the end I think both should be ready.

## 20-May-14 8:28am \*\$

Wow it is May 20th already and I haven't even got done with April yet. Oh well, I best get ready for June. I am sitting here in Starbucks even though it is a nice day outside. Yesterday I sat in the park for a while and might do it some more later. Right now I am sitting here inside typing away.

### Drilling tires

Yesterday I drilled hole in a bunch in a bunch of tires. No they were not on cars. They were those tires sitting at EWT that we play with when they exercise. They hold water and need to be drained.

It is one of those things that have been on my list for a long time. You know tire drilling is a difficult thing! They drill very easy with a spade bit but the hole remands plugged. I round bit is much the same but the drill clogs. Now a whole saw is much better but if the tries has steel belts it leave wired you can get snagged on. Then there is he hole punch. If you

use one you need a hole first. It works granted you don't have steel belted radios. The steel wires just jam in the space and you play hell getting the punch apart and it also leaves them wires sticking out. Today I will see if I can cut those wires to make them safer. Maybe in the end there will be many ways to that I will have to do these projects. I am not ready to give up just yet.

## Donuts

Wow there is something you don't see very often. One of Woodstock's finest is handing out donuts. I have no idea what was going on out there but he had a big box of Dunkin' Donuts and was trying to pass them out outside. He is gone now.

Back to my tires: I need to get them done so I can get to working on other things.

## 2-Jun-14 9:23am \*\$

### Late

Well today I do not think I am going to publish this issue just yet. Maybe but I don't think so!

## 4-Jun-14 8:57am \$\*

So here it is the 4th of June and I still have not published. I have a new reason. It is my back that is sore. I figured by today it would be better. It has been 10 days but alas it is not.

## Rain Maybe

We had a nice rain this morning. It was raining like it did in Spain two years ago. It was a very heavy rain coming straight down. I walked about for days in a row like that. It would rain from the time I stepped out on the Camino until I was done for the day. I remember joking to myself that the weather gods were playing games with me. I would stop for coffee and it seemed to stop raining just as soon as I entered the bar. Today it only is raining when I go inside.

This rain will keep me for cutting Michelle grass today. I see there is a hole in the weather that will keep the rain away for me to get out of the camper and into EWT without getting wet.

Yesterday I had a very bad day. Everything I entered into the computer today I missed spelled. Today I think I will enter the pictures for the new clients without putting them into the right people. I think it might be time to get out of here because Tom just called me Jimmy. :-)

## 8-Jun-14 9:33am \*\$

### Book

So I am still reading my book "Grandma on the Camino." I start reading about day 36 next. This leaves me 12 more until the end. It has been a long time reading this one. I guess it sometimes takes time. Like this newsletter, it too has been a while.

## 26-Jun-14 8:58am \*\$

### Drinking Coffee

Yes I am Starbucks and I am drinking a cup of brewed coffee with some cream. How did I ever drink this stuff for the last...let me see it was 1969 when I started? That would be 45 years.

I remember I used to put a pound of sugar and a half cup of cream and the rest was coffee. Then one day I stopped for a year and then when I started again it was just cream. Later I started only putting an ounce of cream in the first cup. Still I drank a lot of coffee. Last October I decided to just stop and I think I have only had 10 or 20 cups of coffee. Yes I have had a few drinks that had coffee but I don't really miss drinking coffee. Even this cup I am drinking taste like crap. I will suffer through it for two reasons. First I paid \$2.00 for it. Second it reminds me that I will not order another one for a very long time. Why did I order such a large cup??????



## Still Not Ready

I think it is time to cut this newsletter lose and start a new one in the next few days. It is a random newsletter and three months is a good random time.

I just texted Michelle to see if she wants a drink. It will be along day for her as she has to work until eight on Thursdays.

I will have to starting on the back wall at EWT. I have been just letting it go and...Well you know my mottle "Never do anything you can put off until tomorrow!" I know this works. Tomorrow is here!

So I will email this home so I might proof it and get it out to you by the 4th of July!

## 4-Sep-14 Home

So I finished this issue again and I will publish it in a couple of days. I have started the next issue and get it out in a while, a random while.

After My server crashed in July or was that June, no mater. My laptop started failing so It was taking a while.

Oh well! Such is life.

Marty

## 11-Sep-14 8:03am

Oh it is 911! Maybe I should get this finished today.

Marty

## Bed Time

I finally think I have this working with OpenOffice and it is ready for you. For now I decide to wait and not buy Microsoft Office.

Read more about that in then next issue.

Good Night,

Marty



## Marty Metras

Marty has always been a doer of things. For the last 50 years has lived within a mile of the same place. When he retired in 2007 decided it was time to travel and see the world. His brother was living in Germany and he and his wife were planning to move back to the USA in a few months. Since Marty had only been out of the United States once in the 1960s on a trip around Lake Michigan it would be a new adventure.

Marty's brother Mike and his wife Petra told him he could walk across Spain while in Europe. Never being in a different country and not really being able to speak other languages there was a lot of fear. So he tried to learn a little German and Spanish. Then he committed to 5 days walking in Spain after Mike said he would walk with him for the first week. Even after Petra & Mike said it would take 10 to 12 days walking on the Camino to decide if you are going the whole 790 kilometers.

After a few days visit with Mike & Petra, Marty and Mike headed off to Spain and started walking the Camino de Santiago from Roncesvalles. This trip was Marty's first book, My Camino de Santiago Adventure. Many things did not work out the best so Marty gave up and came home.

Then in 2012 Marty decided that he needed to finish something in his life. He booked a plane ride to France and walked down to the train station from home and headed to the airport. On the walk to the train he decided he would not turn back unless someone was injured. In the next 7 weeks he did not have a bad day.

This book is all about Marty Walking the Walk in the spring of 2012



## WALKING THE WALK CAMINO DE SANTIAGO 2012

BY MARTY METRAS  
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*Marty's book is available in two media, paperback and eBook.*

*Paper books are available online from Lulu.com, Amazon.com, and from him personally.*

*You can download the eBook vision for Nook and Kindle from BarnesAndNoble.com and Amazon.com.*



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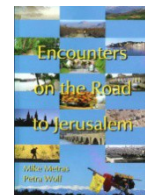


## Pilgrimage Creations

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