

Issue # 138

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Issue 138 for Nov-2015

So I just reviews issue 137 and it is ready for me to enter it in to the computer when I get home.

I need to go grocery shopping first. Can you wait?

4-Nov-15 6:18am @*\$

So here it is the 4th of November already. Time sure flies. I have worked on this laptop trying to figure all the thing that was making it slow. Some of the things I worked on might have caused the fixes to make thing worse.

Dead Slow

I have removed Spybot Search and Destroy to save some drive space. This laptop has only

a 32 GB drive and I have run out of space too often. The other day I was down to about 27mb. That is like nothing. The operating system (OS) (Windows) has to swap the temporary space with stuff in memory (RAM). It swaps the temporary data back and forth while thing are happening in the background and just slows thing down to a crawl.

I tried moving the TEMP space form the OS drive onto the memory stick and to the other hard drive but I run into other problems. It should have more working space. So I put it back and removed programs that came with the laptop that I did not use. This helped but things where still shaky.

I had to reboot the laptop every time I went from Starbucks, EWT, Home or anywhere else. Everything told me when I run low on disc

space. I kept manually emptying the TMP and TEMP folders to recover working space. Most programs remove this as they close but it wasn't happening.

Finally I decided to remove some of the programs that I do not used much. One of the big one was Spybot. Then I thought I might remove Microsoft Office. I waited with this because I use most of the apps of it Word, Excel, Access, and Outlook.

Other than from home I had trouble printing. The Email started to act up too. I would get these message that would say the name did not exist or it can't find it. Normally it would try to send it and it would come back as a not deliverable. Just like the Post Office does when the address is wrong.

So I tried to repair MS Office and couldn't because I was out of disk space. So I dumped the files in the TEMP folders and tried again. This time I got a message that I knew might have been the problem. The program could not write to the disk because of permissions. Ah, the light came on. The program does not have right to write the TEMP space. I am still very low on disk space but that is not the whole problem.

The first thing was check the TEMP and TMP folders to see who had access to them. Normally everybody should have full access. This makes all the people who log on to the laptop have rights to the temporary work space. So as I am checking I found indeed everybody had the rights except for me and the programs. So I changes all the rights to full access for all. Then I run a repair on MS Office.

Because of the low disk space I needed to let it run all night doing it repair. In the morning to rebooted the laptop and started checking it out. Initial things seemed to be much better. When I went to EWT I finished checking thigs out and I could print just fine. Email worked fine. Work worked fine. Even mu OwnCloud was back in sync. I was having trouble with that too.

So all of this told me that there were a chain of events that caused then problems. I still am having trouble with disc space but for now I can work around that until I get a bigger hard drive.

This Laptop has a removable screen to make it into a Tablet PC and this is where the OS hard dive I am talking about lives. The screen also has a 256 GB micro SD card for data. I do not store data on it because I store all my data files online on my OwnCloud server. OwnCloud is like iCloud and DropBox storage. OwnCloud is mine and it is free and it is 100% under my control.

Under the keyboard is another hard drive 256 GB but isn't much good without the screen attached. And If I remove the screen while it is attached to this drive is can break it. So I don't use it much.

So for now I am working again and will be on the lookout for a different kind of small laptop. I didn't pay much for this one. On Amazon a SSD drive cost about ½ the price I paid for the laptop. I can wait for now. It not so slow now!

5-Nov-15 12:12pm @*\$

I have been here long enough to get a parking ticket and only thought about it now. So I am out of here!

6-Nov-15 9:58am @*\$

Changes

I need a change so I think my newsletter needs a change too. I will be changing is after the first of the year. Other things will be changing too. I need a new mattresses. I have had this one for years and years and it was used when I got it. It is bad and before the day has ended I will have a new one. It is bad!

I am up here instead of getting anew mattresses because I drove by here on the way after dropping Marco off at home. My car just parked in front of the place. Now I need to drink this tea before I leave.

Goals

I think I might set some goals and see how that works for me. I have not been much of a goal setters. Well not formally anyway they say if you right them down and look at you list regularly you have a much better change to getting what you want. Goals can be for things you don't want too. Therefore, when I

get home I will set pencil to paper and make a list of things I want. Goals that is!

Orv was my boss for while at Knaack. He always has of list of thing he wanted to get done. Each Friday he would rewrite his "TO DO" list. He would put all the new thigs and unfinished things from the old list. As the weeks went on he would cross out as it was finished. He would add new things as they came up.

Shari was my boss at Knaack too. She also had a written list she worked from. Now I see Michelle writing things on "Post-Its" all the time.

Myself I remember most everything I needed to get done and would work on it when it was time to do so. It seemed I would get my stuff done. I always told people I worked with the "WOTTOTP" system. "WOTTOTO" is Working Off The Top Of The Pile. Meaning I worked on priority thing first. When it was done then the next thing would be on the top. If something came up it would be on the top of the pile then.

Number one items were first and number two items would be next. Number three never happened until they were ones or twos.

I could have 17 projects happening all at once but all the twos through seventeens were waiting for something before I could work on them. Many of them were just five minute projects waiting for something before they could be completed. Even with all of this I did not have lists. That would be list on paper. They were always mental list. It worked for me.

Now that is am almost 69 years I thought I would try this paper list thing. I would mean I need to start using the paper and pencil I have carried around with me for years. I guess I did write down thing I needed to buy but not so much goals or projects that needed to be completed.

Why am I telling you this? Hmmm. Maybe I am talk to myself and you are listing. It helps me to talk to someone even if is myself. Besides you weren't listening anyway. ☺

Mattresses

I have only two stores to check out in Woodstock for my new mattresses. I want to buy out local first. I checked out Crystal Lake while I was there the other day. I know their

prices. Today I will check out Woodstock to see how the prices compare. If the price is right I will get one.

11-Nov-15 9:41am @*\$

Moving

I have a friend who will be moving soon and I get to help. I started to make a list of the things to consider and am a little overwhelmed. I have not moved in 25 years and I forgot how much work there is when you do that. I have helped people move but I was mostly just a grunt. I would pick up something then set it down. None of the planning stuff in years. The move will be before the first of the year. I think so I have time to help with the planning. Most of what I will be doing will tearing down and reinstalling things.

I made a general list of what needs to be done for the move but not so much after the move. I really can't do that until after the paper work is finished. There may be a lot to do or maybe not so much. I don't know just yet. The more that I can do before the move the easier. Oh well there are other thing I need to do while I wait.

Solar for the Camper

My house battery in the camper keeps going dead when the camper is sitting all the time. This is mostly because of the LP and CO detectors. I unplugged them to help but really think they need to be on for safety. I am not in the van much because I have not been camping much. Therefore my logic is that I can unplug them for now.

Well I have been thinking about putting a couple solar panels on the roof to keep the battery charged. I also camp places where there is no 110 volt to plug into. So I need to figure out how many AMPs I use to make sure I can size the system properly.

The easiest way for me to do this is turn on everything and see how many AMPs everything draws. I could make a list of each item and guess how many hours I might use it in a day. Then make a list of all that might be and estimated what I would use in a 24 hour day. Then go from there. I think turning

everything on and get the maximum current draw first. If it looks good I can work on the rest later.

Right now I am thinking a couple of 150 watt solar panels and a MPPT charge controller. Let's see 300 watts for about 4 hours a day of sun would yield about 2,400 watts a day. At 12 volts that would give me about 200 AMPs. That may be way too much for normal use. Maybe I should check and see what I really need.

I got to go now. More on this later.

14-Nov-15 @*\$ @8:09am

Whoops, that not normal. Oh well it will do until next time.

Going Solar

So I need to think about this Solar panel think more before I put out any money. It is still cheaper to use ComEd yet. I can get Solar panels for about 75¢ a watt. That is the lowest price I have seen. So if I want 10,000 watts the panels will cost about \$7,000. That is plus the batteries, controller and inverter. Oh, wires, connectors, and etc. When I get done it is around \$15,000. That is what it would cost for about 15 years. Of course there are tax credits and other incentives to pay for a lot of it. I also can get sun light for about 4 hours a day. So other than a novelty I will just pass. It amounts to paying your electric bill in advance. I will pass for now.

Model Airplane

I started building a Piper Cub J-3 model air in the year 2000. The last time I think I work on it was in 2003. Last night I started clearing off the work bench that still has the plans on it. Yes, started to de-clutter!

If I remember right, this plane is 1/11th scale or maybe the wing span is 11'. Yes it is a big sucker. Since it has been 12 years since I even worked on it, the glue is most likely stale and will have to be replaced. So I think it may time to see if I can finish it.

Note: It is 1/4 Scale and about 9' span. Still big!

More Shirts

I also see while clearing the model table that I have some half-finished shirts to do. When the weather changes last spring I just

stopped working on them. I put away the sewing machine and they just sat. I need to work on the one I have cut out and finish sewing them so I can wear them. I can work on them when I need a break from the model plane. I can work on the plane when I need a break from the shirts.

Projects

That 3 projects I will be working on while I am working on getting my body back into shape. I have been very lazy this year. I have been making all kinds of excesses that are almost meaningless. It is time to get off my ass and do some moving around.

If I spent one hour less at Starbucks, I can have the plane done much fast the 12 years of nothing. The shirts parts will get sewn into wearable shirts. That is only about 3 hours a week.

The extra time I spend at EWT, I will either exercise or working on projects. Most of the projects should be done before the end of 2016.

Starting to work on the J-3 will take a while. I have to go over the plans and see that everything to this point is finished. I still have more to clean of the bench but I have already removed 2 pounds of dust from the fuselage that was hiding behind the bathroom door in the bedroom. Yah, I spent an hour vacuuming the dust from it.

Shirt should be easy enough. I just need to clear the stuff from the sewing table and set up the ironing board. Then I can look it over and continue where I left off.

The projects at EWT will that care of the time until around 3:00pm. I don't work much out there after three because like being home after three o'clock. I can work on my stuff at home after that.

Wait, I have been thinking about getting a job that pays some money too. This will give me a little money in my pocket to buy thread and glue. Maybe some coffee too!

Traveling Somewhere

I haven't decided to go traveling any time soon even though I have cleared out the camper. The longing to walk the Camino again in 2017 has somewhat faded. That

doesn't meaning it had died. The yearning has fell asleep. Maybe it will return.

I may add some solar generators to the camper so I can camp almost anywhere (boondocking or dry camping). I need to see how room there on the roof to install them. I could use the camper with being hooked to the grid if I get my power from the sun. I would fill up with gas and water and ~~park~~ camp anywhere. If the sun shines a little it would keep me energized. I could read a book or sew my shirts in the driveway without plugging the power into the extension cord. After a week or month I would only have go into the house. If it worked out ok I could sell the house and move into the camper. ☺

Crap! Now I have the urge to go camping!
I think I will go home now!

15-Nov-15 7:03am @*\$

Another day that nothing much happened. What happened with all my plans yesterday? Oh well there is still a tomorrow planed.

Wait, there is still time today to do something. I have done a little today already. I walked up here! It was a little cooler than I would like but I made it all the way in the cold and dark. I see the sun is shining now. It has not cleared the building yet. That make it a little cool walking around The Square. When it is Warm I walk in the shadows. When it is cool I walk in the sun. Did you notice I used "warm" and "cool" and not "hot" and "cold"? When hot and cold come I am out of the weather on the inside as much as I can.

Leaves Again

We had a heavy frost and windy yesterday. I think it knocked down more leaves. I see the weather gods say it will be about 62° today so it will be good to rake leaves. That is one of the things I like doing. Yah, right!

Falls it is rake leaves. Winter is shovel snow. Spring is plant garden. Summer is mow grass. Is there somewhere to live where this is not necessary! Let see...

No trees then no shade. Not an options. No snow where would we put Christmas. Not an option. No gardens. I would get awful hungry. Not an option. So what about no grass. That is

called desert. Deserts are hot during the day and cold at night. Deserts have sand the blows around and I would need to shovel it. This too is not an option. I guess I am good with of living here in Woodstock. I am blessed living right where I am. Quit complaining Marty!

I'll go home and check out those nice leaves now.

20-Nov-15 2:43pm @*\$

FoodShed.coop

Last night I went to The FoodShed.coop new owner's orientation meeting. We were having so much fun it ran over 45 minutes. I became an owner in May or June and didn't attend any of the other orientation meeting. I decided to go to one to see if I missed anything. I think I didn't know a lot of what we are trying to do. I thought we were moving a little slow. It seem there is a lot of work to get people to buy in to something new. I am glad to be part of this.

Since I have been Woodstock for 60 years I thought I needed to be part of something. I plan to be around for the next 85 years so I am now an owner. I know we have a ways to go but we are working on it. **Join us!** <http://foodshed.coop> or on Facebook at foodshed.coop



You can always ask me when you see me. I can answer most of your @ questions or I can get you answers if I don't have the answers.

Semi on the Square

Yes, I said there was a semi-truck with his trailer on the Square. It was neat watching him drive the big rig around the corner and not drive over any of the cars on the Square. The driver seemed to know what he was doing. It is a pleasure to watch the drivers move those big trucks in tight spaces when they seem to know what there are doing!

Model Plane

After cleaning all the dust off my assembly table and cleaning up all the parts I found only one broken part of the fuselage that I quickly glued. I looked over the instruction to see where I left off. I found that I might have

stopped because of the cowl was glued together wrong twice. I ordered these parts and will try again. I also order new glues. Most of it has dried up a long time ago. There is something about glues that sits for 12 years. Anyway I am back in the business of building a Piper Cub 1/4 scale J-3 again.

I have received the glue and am now working on the wing parts. Yes that is why I am up here. The parts I glued is epoxy and I am waiting for it to cure so I can work on this assembly some more.

I forgot it takes a lot of the time working on models is glues dry time. Work for an hours and wait an hour. It is like. Going ten steps then wait for someone to catch up. Anyway it is all coming back to me. In 6 months I may have a model airplane in my camper heading for an airport somewhere to test it out. With an 9' wing span I will need a big area to test it.

Of course I have all those other projects too.

21-Nov-15 9:49am @home

Yes I am home! I am resting a little from shoveling snow. Can't get in my car yet. No matter, I can't drive it anywhere because the driveway is full of snow yet. I will work on that.

Seems the ground is very warm yet and is melting the snow from the bottom up. This makes the snow very heavy. You may ask what happened to my snow blower. We it has failed me and will not keep running. It runs for a while then dies. My arm was getting tired and sore. I decided to shovel. I figured will the snow being so wet it would just clog anyway. This happens when it is this wet. I will try again when I get back out there. I am about rested up now so I think it is time.



The weather gods say that we could get another 1 to 3" more before it ends this afternoon around 3:30pm. Maybe I get to do this all over again before I get my drive opened. I best get going. ☺

24-Nov-1 8:30am @EWT

I am dragging today. Hmmm. I spent 15 minutes on the rowing machine. I thought it might have giving me some energy, but alas not. There is near a full house here for the 8:30 class. Must be because of the upcoming holiday. I heard Michelle rearranging the class because there were so many members. Michelle has things under control so I can stay in here and type. ☺

Model Plane

I glued one of the parts to the wing wrong and now I have to wait for a replacement. It is funny then shipping cost more than the parts. Oh well that will teach me. It like they always say measure twice and cut once. In my case it was glue twice and don't look at the plans until after the glue was dry. ☺

I did put more parts together while I waited for the weekend to end to get my parts ordered. The wing assembly is temporary on hold waiting for the parts. Maybe I should

switch over to sewing shirts. If I change over to another part on the plan I need to move everything out of the way. SIG is fast with their shipments so I think I might have the parts by Friday.

Shirts

I will finish clearing off the area I need to sew some shirts. This should keep me busy and out of the fridge for a while. The shirts I started working on have been sitting for nine months. It will take me while to get back in the building shirts groove. I think there were four shirts started.

25-Nov-15 7:53am @*\$

Since both of my Starbucks cards were empty it stopped me from coming up here. Not really! I tried loading them from home on the internet and their website was not working. Therefore I used cash here in the store. Yes I said I used cash! No record that I am up here.

I use a credit card for almost ever money transaction make. I just thought about it and remembered I could be tracked. Yes ever place I go they can find me. I could not hid if I wanted to. It is fairly easy to track somebody who is using then credit card. I don't worry about it too much because I have little to hide.

Hacked

A few days ago a friend of mine got hacked. Their email and Facebook accounts were compromised. Later I found they had a stalker. I guided them in some of the things I would do. I am not saying he or she to protect their identity. Anyway you need to contact your email provider and Facebook to start with. Then contact the police for the stalker. They can help. It is a pain when somebody gets in your stuff. They need to be stopped!

Starbucks is busy this morning. Must be the Thanksgivings Day holiday syndrome. There is a guy standing out front hitting people up for money. People seem to be freer with their money this time of the year. A school bus dropped a load of kids a little while ago. They are still here!

Air Plane

I got the new cowl for my airplane yesterday. I can see if I can glue the 3rd on together. The first two seemed to be glued correctly. That was 12 years ago. I can work on that while I wait for the wing parts I glued together backwards. I need to check things a little closer. Or I should just buy another kit so I have spare parts. It might be cheaper to just have a second kit to get the parts from.

26-Nov-15 7:49am @*\$

Happy Thanksgivings Day

Someone told me that the Bears and Green bay will be playing football today. My sympathies to Marie and Peggy. I am not much of a sports fan but the Bears will win!

Here it is the end of November and it is 50° at eight o'clock in the morning. Amazing and thank you! We are blessed! Wait, is 52°! Fantastic! ☺ ☺ ☺

There are a lot of people that drink coffee. It always amazes me how many people come in here throughout the day. They have to be making a lot of money. Considering I have a two dollar cup of tea and they let me set here and hour or two. Most people just get there drinks and leave. I wonder what the customer count is. I think I will try to count the people that come in the door.

It is a holiday but I will count anyway. So it is 8:05am: ### ### ### ### ### ### ### ### ###
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That it for now 30 minutes. I have to go to the bathroom now. People can come in now without me see in them. That is 42 in 30 minutes. At only \$2.00 a visit that would be about \$3000 a day if people are only drinking \$2.00 drinks. Many drinks are 4 to 6 dollars. Maybe the next time I well watch to see what people are buying. Say they drink a \$3.50 drink on average. That would be about \$5000 a day in gross sales. Ok 300 days a year. Let's just day that owning a Starbucks would be a good business in the right locations

It always me how many people know other people. Many of the greet people like they

have not seen then for a long time. I am still counting people. I must look over there when the door open to see if they are entering or leaving.

FoodShed.coop

I was just was greeted by another FoodShed.coop owner. I may have missed someone come in. Oh well. It was nice to meet a more owners that I don't know already. She was the third person I have met because I was wearing this hoody. My hoody has our logo on the back and front where my name should be.



You do know you could be an owner too: go to http://www.foodshed.coop/join_us and read all about us.

28-Nov-15 8:47am @*\$

Wow, where has November gone! Again another month passed by. They say time flies when you are having fun. I must be having a lot of fun. They also say that the older you get the faster time flies by. Well I must be getting older too. So I must be having fun getting older.

Aunt Annie

I spent Thanksgivings with Aunt Annie. She is settling in to here new apartment. She is waiting for Jim & Cathy to bring some more of her things. The therapist was there yesterday and tested her out using the walker again. He told here to not use it unless some was there with her. She is a little unstable yet. When you go over there to visit make sure you make her get on the walker and goes into the other end of the bedroom and back. Maybe into the kitchen and back to the other end of the living room. Don't take "No!" for an answer. But also do not push too hard. Three tips with a short rest would be good. And walk with her until she is more stable.

Hobby Lobby

When I finish my tea I think I will go to Hobby Lobby and get some parts for my airplane. Because this kit has been sitting for 12 years some of the pieces have shrunk, broken,

missing, or just gone. I need to replace a couple of parts. The parts I order for SIG were not generic parts. I got a laser cut piece of plywood the other day. It replaced the parts I glued wrong. It was nice to see then laser cut instead of die cut. Much cleaner edges. I need a ¼ x ¼ inch spruce stick about 4' long. I'm not sure that Hobby Lobby will have spruce but I will check it out. They have a limited supply of balsa parts.

I could drive as far as Rockford to find a well-stocked hobby shop that has all the parts I need to have in my stock. Getting them online cost too much because of the volume I have been getting. SIG has all the parts I need and I get then is just a few days. I can't drive to the middle of Iowa every few days to pick up parts. It is cheaper to spend the \$10.00 for the freight to get them. Crystal Lake is another story. I only cost a gallon of gas for two round trips.

New Car

Yes I am still getting 45+ MPG going to Crystal Lake. I am only filling my car every month or two. And yes I have a couple of time this year I went two month on a 12 gallons of gas. And I still want a new car!

I love this car I have had it since June of 2002 so it is just time to have something new. It is a want not need. It has only 85,000 miles and is still doing great. I have put on front breaks and new tire twice. Anyway if I don't find the car I want I will be driving this one for 13 more years. Well I need to go to Crystal Lake.

3-Dec-15 9:27am @EWT

Wow it is December! This will be my last entry for this issue. I think it will be 2016 before the next issue.

Model Piper J-3 Cub

I am moving right along with this even though it is very time consuming. You have to assemble and fit parts. Then you take it apart and then glue it with pins again. Then wait for it to dry. But I finally got the right wing mostly complete and now I am working on the left wing.

I unpin the wing from the assembly board to turn it over and thought I would lay out the parts to see how big it really would be.



It looks like it will be BIG! The wing span will be even more when I get the tips installed. If I remember right $\frac{1}{4}$ scale makes it about nine feet. I am glad it has removable wing or I would get to rent a box truck every time I wanted to go fly it. ☺

Christmas Letter

I have to start working on my Christmas letter. I hope some of you will let me see your Christmas letters.

Well I am out of here for now.

Later,

MARTY

Updates:

I did get a mattress and it is working out great. Smaller size so I have more room when I am not in it.

Still no solar or new car.

I have not gone on any trips yet

I am still working on my airplane but not the shirts yet.

The big move is on hold for now. Looks like March now.

We still need more owners for the FoodShed.coop.

Now I can work on my Christmas newsletter!

MARTY

The MRT Backer Page



Marty Metras

Marty has always been a doer of things. For the last 50 years has lived within a mile of the same place. When he retired in 2007 decided it was time to travel and see the world. His brother was living in German. Mike and his wife, Petra were planning to move back to the USA in a few months. Since he had only been out of the United States once in the 1960s on a trip around Lake Michigan it would be a new adventure.

Mike and Petra told him he could walk across Spain while in Europe. Never being in a different country and not really being able to speak her languages there was a lot of fear. So he tried to learn a little German and Spanish. Then he committed to 5 days walking in Spain after Mike said he would walk with him for the first week. Even after Petra & Mike said it would take 10 to 12 days walking on the Camino to decide if you are going the whole 790 kilometers (500 miles)

After a few days visiting with Mike & Petra, Marty and Mike headed off to Spain and started walking the Camino de Santiago from Roncesvalles. This trip was Marty's first book, "My Camino de Santiago Adventure." Many things did not work out for the best so Marty gave up and came home.

Then in 2012 Marty decided that he needed to finish something in his life. He booked a plane ride to France. He then walked down to the train station from home and headed to the airport. On the walk to the train he decided he would not turn back unless someone was injured. In the next 7 weeks he did not have a bad day.

This book is all about Marty Walking the Walk in the spring of 2012

WALKING THE WALK CAMINO DE SANTIAGO 2012 BY MARTY METRAS

ISBN# 978-1-304-42330-6



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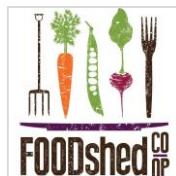


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FoodShed.coop



FoodShed.coop Local food store startup



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E

Mike has written the second edition to
"Encounters on the Road to Jerusalem"