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Feb 2, 2016

Here it is Groundhog Day. It is over case so maybe he did not see his shadow. They say we should get some snow today. I need to get a couple more stakes to put the temporary sign up at the new location of EWT today. It will be nice over there as I do not have to cut the grass.

I moved the "...we're moving..." sign to the other side of the drive way later yesterday afternoon. The fog set in while I was working on it and it was cold and damp. My finger stopped working but I got it done. It looks better on this side. Many, many people have commented on it. Only a couple people saw it on the hill.

Well I am at EWT and I need to get ready to exercise now.

Groundhog

I checked on Facebook, the up most authority on everything, and I find out that Woodstock Willy did not see his shadow. To me this means spring will start in six weeks! Now am feeling good enough that I can eat some lunch. Think Sprint!

5-Feb-16 10:03am @*\$

I changed what I was typing for the beginning of each date's entry. I think I will go back to what I have been doing. Just the date doesn't cut it for me. I need date, time, and location. I thought about weather too but it changes too quickly.

Thought for today

“You teach people how to treat you by what you allow, what you stop, and what you reinforce.”

~ Tony Gaskins –

To Do Today

I have a list in my pocket of things I want to get done today. I wonder how much of it I will get done before the day ends. I have the new paint for the plane but no brush. My furnace needs a new filter. I need to cut a blank hatch for my plane so it gets painted. I want to go see Aunt Annie. She has a light that doesn't seem to be working. I want to do a drive by those two banners just to check on them too. And then there are all of those side trips for coffee or something.

I thought I wrote something since Groundhog Day. It is missing. Why is it missing again? Is my OwnCloud not working or is it that I shut down my other computer too soon? I need to check this out too.

4:00pm @*\$

Somehow I got most of the stuff on my list done without going home. Whoops I forgot my filter. I think I will go and get one now. Then I will head home and cut the hatch fin or my plane. I understand why I forgot the filter while I was at Menards. It is because it was on my list and I don't use list too often.

I have been away from home since 9:00 this morning and it may be time to go home now. Eight hours is a long time. It is almost like running away from home. I stopped here to charge my battery and have a cup of coffee. Mocha Grande as it was. Ok, off to get a filter I go.

6-Feb-16 8:01pm @home**Airplane**

I painted the hatched on my plane tonight. I made the mistake using the reducer (thinner) in the paint. I could have got along without it. I

was brushing and I think it would have been fine straight. This paint is epoxy paint so you mix two parts together or is will never setup. I have never used epoxy paint before. It was easy other then I had it way too thin!

I need to mix a little more but no thinner the next time! I did not have quite enough for what I was doing. I will wait until tomorrow and see how much touch up I will need to do.

Feedback

I had a little feedback on my font choices. Here are the postings:

First:

“Hi Marty,

About your font choices.....

I like the Century Gothic. I don't know if it was one of the choices? It is clean and doesn't challenge you to concentrate so heavily on the doc as you read. If you state that it uses less ink that's the cincher! I like your plane. In my teen years I built and flew control line planes. Also wanted to do radio control but didn't have the money. Today I probably could and there is a group in our area. We have been to the shows and enjoyed and it is a temptation. Now my problems are that I am already into too many activities that require funding during my fixed income retirement and that I have no room to spread out to build or store, etc. Ya can't do everything so this is one I'll just have to take a pass on. Am interested in your experiences with this however and hope you will continue to keep us up to speed on your adventures as well as to include pics in your monthly articles.”

From Tim

Second:

“Hi Marty

I still read the newsletter and enjoy it!

I could not see any differences in the three fonts.

Will try to get to Starbucks some morning to see you”

From Shirley

My Reply:

Well it seems I posted my newsletter in Word format instead of PDF. If you don't have these fonts loaded on your computer, you won't see them. My mistake! I have reposted the

newsletter in PDY and it should be fine now. Let me know if you can.

Can I go watch T-V now? ☺

8-Feb16 7:18am @home

I looked at the temperature outside after working on my taxes, my model, and watching T-V most of yesterday. It looks like it was nice out there. I guess I am getting obsessed working on my plane. Well, I need to get the taxes done too. I don't need the tax man to do it for me.

Model Airplane

I am at that point in building my plane that I could change the power plant from nitro gas engine to an electric motor. I am doing research to see what it might cost to install a battery and an electric motor. I like the idea on not having a noisy, smelly, messy gas nitro engine. Electric technology has come a long way in the last 35 years since I had my last plane. Even the last 15 years since I started building this plane it has made it possible to build a quite large aircraft and use an electric motor.

So I am researching electric motor and battery for my model. I am thinking about cost. I have already spent enough money on this project I could almost buy a small car. Oh well, it is only money!

Federal Taxes

So it is that time of the year. I lost all my last year data when my computer crashed. So I have to go through all of my receipts. This is slowing me down a little doing my taxes. It is kind of like the old days. Like Mike said once. It is working in the BC, before computers. Most of my tax receipts are in a folder. I just need to go through the box and see if I missed anything. Oh well, I can handle it.

I have to go eat my oatmeal now.

9-Feb-16 5:06pm @home

Quote for Today

What's on your mind, if you will allow the overstatement?

Fred Allen (1894 - 1956)

Model Plane

You can see from the picture yesterday I have come of the covering on the fuselage. I just covered the fin and was going to cover the top. I decided to install the control rods for the elevator and rudder first. It will be a lot easier because I can see. There a lot of guides in the back section to get around. I am pretty sure the will no reason to get in that area after I close it up with the covering.

I will still have to get into the front to installed the batteries and controller for the motor. I decided to go with an electric motor instead



At 7:18 it looks like this.

of an into gas engine. Gas engine are noisy and messy. And the cost is way too high for fuel. I found out fuel cost about \$25.00 a gallon.

Wait. That posting was comparing which is better Electric motors and gas engines and why. I think I will check the current prices. Wait right there!

That must have been an old comparison, very old. I checked the cost of nitro fuel for my engine and it cost \$99.00 for the cheap stuff. That was the sale price! I think it is a no brainer. I will buy the electric motor kit!

There is another advantage if I go electric, paint. If I build another plane later I can use any good quality high gloss paint and not worry about it being nitro resistant. Nitro based fuel dissolve paint. It turns it to a gooey mess.

That will put me a little back on my completion time and eat a more of my budget.

11-Feb-16 6:12pm @home

Must See

<https://www.youtube.com/watch?v=Tymo8PAPph4>

You decide if this should be our next project. Oh, I have not played with that technology And the build Log:

<http://www.rcgroups.com/forums/showthread.php?t=2512142>

Sorry Aunt Annie. This is for us computer geeks. ☹

13-Feb-16 9:22am @home

Oh, I have oatmeal sitting in the kitchen waiting for me. It might be cold by now. I have been sitting here in front of the computer for a while. That will wait!

I was thinking about walking the Camino next year and thought I should see why I might not want to and I found this.

20 truths about walking the Camino de Santiago

by Rachel Rueckert July 16, 2015

1. Sometimes you'll say "buen camino" when you really mean "go to hell."

Buen-effing-Camino to the bicyclists who zoom by and nearly clip your elbow, to the tour bus companies, and to all the pilgrims who act like the Camino is a competitive race or turn the dorm room lights on at five in the morning.

2. You'll hate walking.

Not always, but often by the last five kilometers of a day you'll curse your shoes, the rocks, the world, and your nonexistent-long-lost wealthy uncle. This outburst of anger magically dissipates once you stop walking and sit with friends around the dinner table. Then, like forgetting the pains of childbirth, you wake up the next day with smiles and do it all over again.

3. Your new favorite meal of the day will be second breakfast.

You'll eat five meals a day and still wonder why you're not losing weight.

4. You'll have a goal to keep all your toenails.

Most pilgrims end up experiencing purple, bruised toenails, but only some of us will have to watch them fall off.

5. Vino tinto and café con leche will fuel you.

I require a pre-walk coffee to hike to my first real coffee so I can get to the next coffee after that. To reward myself I drink up bottles of cheap vino tinto with friends and walk off hangovers the next day in a few hours (provided I have my coffee).

6. You'll be in denial when you lose control of your bladder.

Most people are familiar with the urgent feeling of having to drop pants on the trail and the frantic lookout for tree cover that ensues when hiking, but usually not every thirty minutes. Having a 'Camino bladder' guarantees some accidents—and yes, getting it on your shoe counts as an accident. And let's just say I have 'this friend' who peed her pants in the middle of a bustling street in Burgos without warning.

7. You'll start stealing toilet paper.

I never thought it would come to this, but nabbing a whole toilet paper roll from an albergue hostel or taking a wad from one of the bars along the way seems necessary to account for said-unpredictable bladder.

8. You'll be completely obsessed with feet.

Since 'How are your feet?' is more precise than 'How are you doing?', foot wellbeing has become the indicator of whether or not you—along with your blisters now named things like 'Thor' and 'Spartacus'—are having a pleasant or a horrible day. Foot selfies have also become a thing.

Photo: Rachel Rueckert

9. You and everyone else will have watched the movie *The Way* before starting.

Watching *The Way* is about all the preparation I did before the Camino, along with taking the stairs instead of the elevator for a solid month. Now I can say the film fails to represent the central part of my day—the monotony and physical struggle of walking 500 miles across Spain.

10. You totally won't get the Parable of the Laborers.

Some pilgrims started walking from France and Portugal or further, but you're telling me the ones who started a hundred kilometers away in Sarria end up with the same completion certificate as everyone else?

11. You might die if you have to eat another bocadillo.

I've learned bocadillos can either be used as a sword-like weapon or a cheap lunch. Be warned: the rock-hard bread can give you slivers, and cured ham and cheap chorizo doesn't taste better day after day, even with slabs of delicious cheese.

12. You'll love collecting stamps in your pilgrim's credential more than your actual passport.

I'd rather get customized stamps documenting the random albergues and ancient churches on my walking journey than scan through the boring stamps on my real passport buried somewhere in the bottom of my backpack.

13. You'll draft angry letters in your head to send to John Brierley.

Most of my nasty criticisms of Brierley's oversentimentality occur on uncharted steep sections of the trail marked as flat in the Brierley guidebook.

14. You'll get defensive if people call this a vacation.

A vacation means relaxing on a beach with pool boys peeling grapes in Greece, not popping blisters with iodine and sewing kits every night.

15. You'll feel excited when you see red plastic chairs in the distance.

I know my next break is in sight when I can see the green or red plastic chairs outside a tiny bar on the way.

16. You'll sing "row-row-row your boat" in rounds featuring several different languages.

I've manage to resurrect nursery rhymes and childhood songs I haven't sung since I was five just to pass the time. Nonsense singing is contagious and (apparently) crosses language barriers.

17. You'll lose your empathy for people suffering from sleep apnea.

As my dear friend put it when someone asked him if he had to



sleep in the same dorm room as a well-

known and well-feared pilgrim with untreated sleep apnea known colloquially as 'Vlad The Inhaler' the night before: "No, I did not sleep in that same room."

18. It will be all fun and games until someone closes the window.

Nowhere else on the Camino are cultural differences more apparent than at night when someone has the audacity to close the dorm room window, a gesture which is then followed by a series of openings, closings, bangings, slammings, and shouting matches between the largely Northern and Southern European sides of this age-long debate.

19. You might need therapy after experiencing the Meseta.

Even though the Meseta could be the truest test of the Camino, after walking a week through flat, empty nothingness I start to question everything and lose sanity by the kilometer. Plus I now have abandonment issues, since a good chunk of my friends had the sense to take buses and trains to skip ahead to the other side.

20. You'll be in total awe of people.

I might be guilty of having more fun than obtaining life-altering spiritual enlightenment, but I learn most from the strangers sitting next to me at the dinner table, the man in a wheelchair rolling his way up a mountain, the intuitive woman who tells me the longer version of a story knowing it will help me forget the rain, the hermit on the side of the road giving free food to pilgrims, and to all the others who may or may not realize that they are Camino angels.

Source: <http://matadornetwork.com/notebook/20-truths-walking-camino-de-santiago/>

My Oatmeal

I have been eating oatmeal and raisins for breakfast for a few years now. I boil some water and add it to a ½ cup of oatmeal and cover it with a saucer for 5 to 10 minutes. Then I add a hand full of raisins, mix and eat it. Some time I get distracted, like today, and have to

reheat it. I don't like cold oatmeal! I need to do that today.

17-Feb-15 11:45pm @home

I just started some soup cooking in the crock pot. I was going to make something to eat but I am here on the internet instead.

Model Airplane Project

Well, I decided to order the parts to make my plane electric. I also put the engine on eBay. The electric is backordered until the end of February. It is the larger sizes that seem to be in demand. I can wait a couple weeks. After all it has been 15 years in the works.

This is a good thing as I can work on the fine tuning. I still need the windows, tail struts, paint the wing struts, and figure out how I might do the camera. There are decals, and wheels to go on too. Then I have those floats I need to build too. Yes, I bought a set of pontoons 15 years ago too. They will need to wait.

Today I was thinking I might as well put a pilot in the pilot's seat. I looked in the hobby stores online and I can buy a 1/4 scale bust of a pilot. Then I remembered I have 2 Star Trak figures I never looked at. Being only 7" tall, they are too short. I went to the Internet wondering what was available.

I found that I need a pilot about 15-1/2 inches tall. The first place had a bunch of different pilots but the cost \$130.00. I am not ready to spend that much for some on that just sits there, so I kept looking.

Wow, I found a scale pilot that they can make look like me. Do you really want me up to land in your front yard? You send them pictures and they make a 3D face on a 1/4 scale pilot and paint it for only \$385.00. Or for you paint it for only \$245.00. They look kind of real! Check it out

http://bestpilots.typepad.com/my_weblog/a-pilot-that-looks-like-you.html For now I will keep looking.

Wait I could do that myself in 2D.

I had to check out this guy who makes pilots look like real people. Here is a link to a right up on this guy. Scroll down to see videos. Each is

about 10 minutes.

http://www.rcuniverse.com/magazine/article_display.cfm?article_id=1549 Now where am I going to get another \$400.00?

Ok, for around \$300.00 you can have a 3D printer print a 3d photo of you. I still remember black and white photos. ☺

I'll be quite for now!

19-Feb-16 12:44pm @*\$

Well I have all the windows cut and drilled for my plane. They backordered the electric motor until the end of the month. This is good because I have a lot of details work to do. At this stage there is a lot of little details. I don't think it is going to be done March first, maybe in April. I'll keep plugging away at it.

8 or 32

I found someone who was born on February 29th. He will have his 8th birthday this month. Sue, His mother says he was born 32 years ago but he will only be 8.

He is the only person I can remember hearing about. Do you know any one that was born on February 29th? How old are they and how many birthdays have they had?

Parking Ticket

No I didn't get one because I just got here. I haven't seen the parking police in many years. I think it has been two years since I got a ticket for staying up here so long. Not today!

Snow is Gone

I was working on the plane and looked out the window and noticed that the snow was gone. I went and looked out the other window, and yup it is mostly gone. I got away from my plane and head outside. I think a little less of this staying inside when it is this warm.

Paint Aroma

I was washing the paint smell out of my clothing. Michelle tell me I still smell like paint. I am thinking I was in the basement and the furnace blew the paint smell through the vents and the clothes caught it. I think I should know better. Must not!

Anyway I am going to wash all the clothes hanging in the closet. If nothing else, they all be cleaner. ☺

I have a little more painting to do on my airplane but it will wait for outside temperature. I think it about as warm it is going to be for a while. Maybe I should go and paint now. Na, I can wait for a while! ☺

26-Feb-16 6:11am @Home

Yesterday we started disassembling EW Training getting ready for the big move today. Once done, we went over to the new place, 1270 McConnell Road and started laying the flooring. We had planned on doing that today but we had time so we started. I think we finally gave up around six o'clock.

The new place looks big!

Tomorrow we will be transporting all the stuff we took down and putting it back up in the new place. Michelle wants to open for business on Monday. I see no reason that can't happen. By doubling the space, I figured we can leave a mess in a piled in the corner for a few days while we decide where stuff might be located. On the other hand, there is a lot of space that will need to be filled.

After I finish my oatmeal & raisins I will be heading back out there to get the rest of the computer stuff. Then starting installing the Internet connections. We are still waiting for Comcast to get there and hooks up the phones and the Internet from the outside. I guess it is a pain to deal with them guys. Oh well, Michelle is dealing with them. I am working on the wiring. Pete will be there to hook up the ends of the wires. I will be just dropping the lines.

My oatmeal is gone so I best get going. I don't want to be the last person to show up. ☺

28-Feb-15 7:15am @\$

I now I should be out to EWT working on getting things done! Well I need a cup of coffee first. I need it! I decided to just take a break then I'll get started.

I need to put a note on the old building door that says we moved. That is just in case no one see the 4 by 6 sign in the front yard. Yes, there are a few people that do not see big signs. ☺

I figured when someone pulls on the door too hard they might pull the door into their nose and then see my 8-1/2 x 11" sign with the map to the new place. Besides I went to all the work making the sign I figure I should use it. ☺

So I Pete and I were running network cabling and we are not quite done yet. Pete is putting the ends on the wires and I have been running them. I still have some to run this morning. I want to finish up before he gets there so we don't get in each other's way.

Model Plane

I looked at my plane and was going to work on it. I figured that Michelle's place go first. My plane needs a bunch of little things to get it ready for the air. I am pretty sure I have all the parts. The problem is the tools I need are at EWT or in the truck.

Yes, my camper is not a van. It is a truck for now. I think once this is all over with I might use it for a Camper again. Of course I have said that before too. Mike & Petra will be here in a couple week. After that I will be thinking about going somewhere. We'll see!

2-Mar-16 8:31am @home

The weather was fantastic for the move over the weekend. All went smooth. People there on Friday helping to install the flooring. Then again Saturday to move equipment. Sunday people even came by to see things were just about ready for reopening up on Monday. Which happened. Michelle has a lot of nice friends!

No, there are still things to do but the majority of it is done. I am still working on the little details that most people do not see. It is slowly falling into place.

Airplane

My Plane is sitting there waiting for me to finish it. It will sit there until I get done at EW Training. Well, until I get done enough. I did not build the pontoons yet so I can't land it so it can wait. I am mounting the electronic and balancing it and those thing those easy are time consuming parts of the build. I still need some trim for the windows. I am thinking 1/2" tape pin striping tape but have not found any yet. I am thinking gray/silver or white. Not black because the arrow on the side and other trim will be black. Thinking about white won't make it either. I am thinking duck-tape color of gray. That way it will look a little like real glass molding. I haven't found anything I like yet.

6-Mar-16 3:36pm @*\$**Birthday**

Happy Birthday Marie!

I Am Tired

I thought I would stop up here for a cup of coffee and sit and relax. I entered the Square at E. Jackson and there was a lot of traffic. Then while driving to Starbucks I saw no parking. None! I figured if I did not find any I would just go out Benton Street and then home. Well as I approached Starbuck there was a car in front of me. I saw a car backing out in front of the door at Starbucks. I figured the other guy would get it. Not the case, it was mine. So you see I needed to come in here for a while.

Now here Wendell & Marie asked me to join then and I am heading there now.

8-Mar-16 8:48am @*\$

Wow, the second time up here in 3 days. I will get this issues out one of these days. Still busy! Yesterday I had to move a hundred of so 2x4s and a whole pile of dry wall. And this was anything to do with the big move. After that I had to go to Rockford the get my Pacemaker checked out.

The Pacemaker is just fine. It is a routine check you have to do.

This morning the battery on the van was dead. Dead, dead that is. It had something to do with me leaving the light on for 2 days. I wonder if there is a buzzer on that like the car. Maybe I should check. Anyway I have the battery charger working on that.

I will need to make a check list for when I get out of the car. Remove key, turn off the lights, rewind the seat belt, and then close the door. The seat belt buckle gets stuck in the door on both the camper and the car. Then the switch sticks and I don't hear the buzzer. You would think I could remember just 4 little things.

Maybe I need a new car and camper? Or just clean up the things that cause me these little setbacks.

I can go home now. The battery should be charges enough that it should run. How much time does it take to charge the battery anyway? I usually jump the battery the charge it when I driving. This time I am charging it because it was dead, dead, dead!

Ok that is long enough. I done here!

9-Mar-15 7:56am @*\$

In a couple of days, I will be heading to the airport to pick up Mike and Petra. They are leaving India for a while and will be in this area for a few weeks. I need to check but I think I will meet them on March 11th at O'Hare. I don't need to check the date. It is the time I need to check. After 2-1/2 years it will be good to see them again.

EW Training is open and very busy. I have been working on setting up some of the things that didn't get done before the opening. I forgot when I do that I have to wait until the clients are out of my way. Some of the things I am doing make noise or make a mess. I get in the way. So I wait! An hour setup to do something and 15 minutes' work and then an hour to get out of the way. Well it seems like that some days.

I am working on things that could wait for off hours. Like the shelving in the closet. Or places to hang the work-out mats. We are making

sure we want something here or there before we (I) mount it. I don't like moving things after I install it. The exercise mats got moved 5 time before I put a screw in the wall. ☺

Now I ask; "Are you sure?" Later I ask;" This is you last time to change your mind. Is this your final answer? ☺"

....

I'm back! Thing locked up and I rebooted it. Then there 29 updates that had to happen before I got control of it. Anyway where was I?

Oh, I have to head back to EWT to finish one or two of the projects I am working on.

Enough

Ok I have a little time so I am finishing off this newsletter here. I need to look at and see if it is

up to my standards. Wait I don't have any standard for the newsletter, do I?

13-Mar-16 10:29am @home

So I lost an hour on the clock this morning so I thought I might as well try to recover it by getting this ready to publish.

When that is done I can go have breakfast with Mike & Petra or go out to EWT and install those two screws I did not have with me yesterday. Maybe both!

Oh, Did I tell you Mike & Petra are in town?

The MRT Backer Page

**WALKING THE WALK
CAMINO DE SANTIAGO 2012
BY MARTY METRAS**

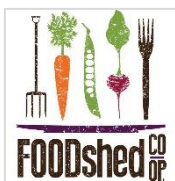
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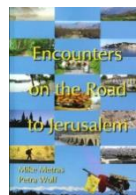
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Mike has written the second edition to
"Encounters on the Road to Jerusalem"

Marty Metras

Marty has always been a doer of things. For the last 50 years has lived within a mile of the same place. When he retired in 2007 decided it was time to travel and see the world. His brother was living in German. Mike and his wife, Petra were planning to move back to the USA in a few months. Since he had only been out of the United States once in the 1960s on a trip around Lake Michigan it would be a new adventure.

Mike and Petra told him he could walk across Spain while in Europe. Never being in a different country and not really being able to speak her languages there was a lot of fear. So he tried to learn a little German and Spanish. Then he committed to 5 days walking in Spain after Mike said he would walk with him for the first week. Even after Petra & Mike said it would take 10 to 12 days walking on the Camino to decide if you are going the whole 790 kilometers (500 miles)

After a few days visiting with Mike & Petra, Marty and Mike headed off to Spain and started walking the Camino de Santiago from Roncesvalles. This trip was Marty's first book, "My Camino de Santiago Adventure." Many things did not work out for the best so Marty gave up and came home.

Then in 2012 Marty decided that he needed to finish something in his life. He booked a plane ride to France. He then walked down to the train station from home and headed to the airport. On the walk to the train he decided he would not turn back unless someone was injured. In the next 7 weeks he did not have a bad day.

This book is all about Marty Walking the Walk in the spring of 2012

Randomly Published on Monday, March 14, 2016