



## *Christmas 2012*

*Let see what happened to me in 2012...*

*Early in the year I started getting ready to walk across Spain. I also continued exercising three days a week while getting my travel plans and backpack ready the trip. I traveled to Jean Pier-de-Port France where I started walking across Spain on the Camino de Santiago for some 600 miles on a 1,200 year old pilgrimage path ending up on the west coast of Europe.*

*I could go on and on talking about Walking the Walk but I will save most of that for the book I am writing. I will just say I never had a bad day in the seven weeks walking across the Spanish countryside meeting many of great people. My book will be about my adventure. Needless to say I had a great time. And I have not ruled out doing it again.*

*It was July, I was home and started gaining some of the weight I lost while walking the Camino. I decided to continue exercising three days a week to maintain what I lost in the first 9 months. Wait, I am fooling myself saying I go to the training center just to lose weight. I love working out with Michelle and the other people.*

*My family and friends all seem to be doing well. The only major changes I remember for this year my brother Cork and Aunt Annie retired. If there are other changes I am sure we' ll read it in their newsletters.*

*I am not having luck trying to sell my motor home, so may just get into it and try to go to those 48 states like I was thinking about last year. I may start exercising more next year. This eating is making me gain weight. I have been helping setup a computer system. I have to finish it and train the users. Oh yes, I am still having random thought so my newsletter will continue. I am sure I will be doing a lot of those random things in the future.*

***MERRY CHRISTMAS***  
***AND A***  
***HAPPIER NEW YEAR***

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TO: