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30-Apr-22 4:56 pm @Marie's 62° F

So, I went through the last issue, it looks fine the first time through. I will publish in the next day or two.

Since it is raining right now, I thought I might see what the Farmers have to say about May for the Midwest.

Farmers Almanac for May 2022

- 1st - 3rd

Sunny to partly cloudy.

- 4th - 7th

Showers, then fair skies. Showers (hopefully) move out of Louisville in time for Derby Day.

- 8th - 11th

Heavy rains for Great Lakes.

- 12th - 15th

Thunderstorms for Upper Tennessee and Ohio Valleys.

- 16th - 19th

Showers for Great Lakes, then fair, cool weather.

- 20th - 23rd

Fair from IL, MI, points east.

- 24th - 27th

Squally from WI, points east, followed by fair skies.

Not much different than we have been having for a while.

Camino in 2023

I know I have been talking about walking across Spain on the Camino. Not sure about 2023 but that is the goal for now.

I have a few things to figure out now.

- 25-30 pounds more gear.
 - I could get a cart
- Must have a place to charge my batteries in the Albergues/hotels
 - Pull the "Poor Marty" card!
- Have somebody change my dressing every two days
 - Find someone to go along or find someone on the Camino?
- It is a long flite to get to Spain
 - Need to have all eight batteries with my carry-on baggage. That would be most of that 25 lbs.
- Oh, I forgot the dressing. More thing to carry
 - Bigger cart 😊
- Where are the LVAD hospitals in Spain
 - Spain has some, but how much training does the rest of the country have in case I need help
 - I need to figure this out

More as it comes up. I have until May 1st, 2023, or so to figure that out.

MRT

5-Mar-22 11:40 @Marie's 53° F

I caught COVID somewhere. Yesterday because I have a LVAD I need to spend a day in Chicago to get checked out. Seems it is a mild version, none the less, I am isolated. It was my turn.

Now I need to finish proofing the last issue and get it out to you. Bye!

Ok I just published the April-2022, # 211 issue. I now need a break!

7-May-22 10:57 am @Marie's 58° F

Here is Saturday and I am still isolated. Only about 6 days left of this.

Marie & Tammy will be heading out on there trip to Alaska for a week. They have it all figured out so I will not be alone. I feel I could survive being alone, but I should not try just yet.

The sun is out today, and it looks quite nice outside. I need to get out there and enjoy it for a while. I have been sitting around inside too much. Watching the TV and using the computer needs to stop.

11-May-22 (:22 am @Marie's 78° F

I am still staying at Marie's and enjoying her company. I wondered how that was going to work out. Marie and I are so different. We are getting along very well.

Thanks Marie, for letting me recover at your place!

Not at Home

Not being at home limits me to what I can do. I do not need all the things I have at home.

I have been here 2-1/2 weeks now and long to go home. I need to stay here until I can make it alone.

I will need to stock my food supplies when returning home and restart my mail. Then settle in to living alone again.

I can wait until they let me drive again. 😊 Right now, I cannot jump in the car and go somewhere when I want.

Wait, I need to mow the lawn when I go home too. Well, at least it is not shoveling snow!

Recovery

I have been slowly recovering from the operation. My strength is recovering, and my wounds are healing. I just need to get walking some more.

12-May-22 9:55 am @ Marie's 81° F

When I saw the date, it reminded me that I bought my house back in 1988. That was 34 years ago. Who would have thought I might live there this long?

COVID

Back on 3-May they told me that I had COVID. I had a high fever and took two Tylenol and headed to the hospital where I was evaluated. By then my fever was back to normal and I felt good.

After a day in the hospital for test they sent me home. They told me to quarantine myself for 10 days and I will be fine. That will be tomorrow. I can wait! Being isolated is no fun. I like my freedom!

They said I had it so light because I had had the injections. It is a good thing I had these shots.

LVAD

I have had this LVAD for about 7 weeks now and have no problems that I know about. I need to find a unique way to carry the controller and batteries. I am looking at a vest that I would make that may make it easier. I have also ordered a vest that might work too. My blue jean jacket works fine for this, but summer is coming, and I need something lighter.

30-May-22 6:37pm @Marie's 85° F

Happy Memorial Day

I got to be in the parade today. I usually help Michelle get her car ready then watch the parade on West Jackson. This year I sat in the backseat and tossed candy.

Update

It has been a long time since I felt like writing anything.

MRT

I have been healing quite well. It has been two months since I received my LVAD. Yes, two months!

I am still not to drive, sit in the front seat, or be on my own. I am getting around, but I am still a little slow.

Yesterday, I helped Michelle and Grant with their garden. We laid a stone wall, moved fifteen bags of dirt, and planted about fifty plants.

Well, I held one of the rocks for Michelle to pack dirt around it. And I cut open those bags of dirt. And I made up the labels for Grants plants.

This is the shortest newsletter I have sent out in decades!

I have only gone home a few times to check things out. My brother Corky has been keeping the lawn cut. Tammy and Michelle have been my caregivers, and I have been staying with my sister Marie.

Thank you for taking care of me.

I may be a kept person until July. Not sure yet. I know I am not ready just yet.

Thanks to all the people who have sent me good wishes.

See you next month!

Marty

MRT

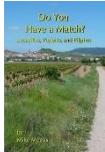
MY BOOKS



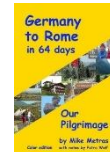
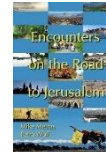
← MY CAMINO DE SANTIAGO ADVENTURE
WALKING THE WALK, CAMINO DE SANTIAGO 2012 →
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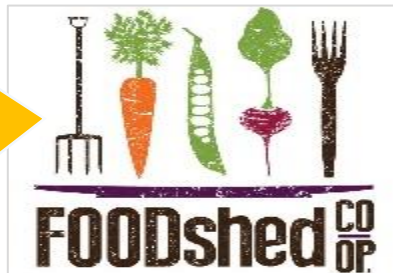
Mike and Petra's Books
can be found on
LuLu.com and Amazon.com



FoodShed.coop

1413 owners (05/31/22)

We are a group of regular folks working hard to open a community-owned grocery store in McHenry County, IL and we hope you will join us!



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Reopening Jul 6th, 2020

I am selling me used books on Amazon under the name "MRT Used Book Sales." I am clearing out my library. Many of these books look new. If you look for a used book and see it is being sold by me, it will say sold by "MRT Used Books Sales."

This Issue is Being Randomly Published on Tuesday, May 31, 2022 11:51:00

Do you have anything for this page?